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EDUCATIONAL AND RESEARCH INSTITUTE
(Deemed to be University)
Maduravoyal, Chennai - 600 095. Tamilnadu. India.
(An ISO 9001 : 2015 Certified Institution)



NSS SPECIAL CAMP - NSS unit-7

Venue: Adayalampattu Village

Date: 22-3-2022 to 28-3-2022

The NSS wing (Department of Public Health Dentistry) of Thai Moogambigai Dental College and Hospital – Dr. MGR Educational and Research Institute, Chennai conducted a 7 days special camp at Adayalampattu village from 22nd march to 28th march 2022.

Staff members from the Department of Public Health Dentistry, Thai Moogambigai Dental College and 50 volunteers from 1st, 2nd BDS and interns performed various activities over a period of 1 week.

DAY 1: (22-3-22) Inauguration and guest lectures 1 and 2

The programme began on day 1 with inauguration and traditional lighting of lamp. The Programme was inaugurated in the presence of our Principal Dr. Einstein, Vice- principal Dr. Uma Sudhakar, additional principal Dr. Karthikeyan, Joint registrar Dr. Nadeem Jeddy and Dean of Academic staff college Dr. Ponselkar Abraham. The guests spoke a few words of motivation for the NSS volunteers and highlighted the importance of service conducted by the NSS volunteers.

The inauguration was followed by a guest lecture titled “LIFE – LIVE IT” by Dr. R. Saravanan, Professor, Department of Orthodontics. Dr. Saravanan spoke about numerous life experiences learnt from different people around us and its real-world application in our daily life.

It was followed by guest lecture on “IMPORTANCE OF PHYSICAL ACTIVITY” by Dr. B. Eswaran, professor, Department of Prosthodontics. The lecture emphasized the importance of physical activity for a healthy and stress-free living.

DAY 2: (23-3-22) Health Education rally

The volunteers conducted a health education rally at Adayalampattu. Door to door distribution of pamphlets on oral health awareness was done. Charts and models on ill effects of tobacco and various oral diseases were demonstrated to the public to create awareness. The volunteers also distributed pamphlets regarding dental screening camp to be conducted for the general public.

DAY 3: (24-3-22) Plastic Free campaign and guest lecture 3

The volunteers were involved in a “plastic free neighborhood campaign”. Waste plastics such as plastic bottles which were lying in the streets of Adayalampattu were collected as a part of eco conservation initiative. The volunteers actively participated in collection of waste and its proper disposal. About 30 kgs of plastic waste bottles were collected and disposed appropriately.

Day 3 ended with a guest lecture on “POST COVID LIFESTYLE- The New Normal” by Dr. Sree Devi, Senior Lecturer, Department of Oral Medicine & Radiology. The lecture highlighted the various positive and negative changes in our lifestyle post covid -19 pandemic.

DAY 4: (25-3-22) School campus cleaning and Multimedia presentation

The NSS volunteers cleaned a section inside the premises of Govt. ADW primary school. Bushes and dry leaves which were occupying the school campus were removed and cleaned.

They also presented health education lectures for the school children. The children were educated about maintenance of proper oral hygiene, common oral diseases and methods of preventing them through an audio-visual presentation.

DAY 5: (26-3-22) Tree plantation, Painting and Toothbrushing

A particular section in a newly constructed play area for the school children was chosen for tree plantation. The volunteers dug up pits and various types of tree saplings were planted. Provisions were also made for continuous maintenance and watering of the saplings.

The school blackboard was chosen for painting. After obtaining permission from the concerned authorities, it was cleaned and painted. The volunteers actively participated in cleaning which was followed by painting.

Based upon the principle of “learning by doing” to improve the oral hygiene, the school children were involved in a “Supervised school toothbrushing program”. The interns demonstrated correct toothbrushing method and the children were asked to brush their teeth along with the demo. They were also provided with a free toothpaste and toothbrush.

The school authorities were grateful for the service done by the NSS volunteers

DAY 6: (27-3-22) Dental camp for the general public

A Dental screening camp was conducted for the general public. The volunteers motivated the general to participate in the dental camp. The public who attended the camp were screened for various dental diseases and were given referral cards to Thai Moogambigai Dental College and Hospital for further treatment.

DAY 7: (28-3-22) Valedictory function

The special camp concluded with a valedictory function presided by our Principal Dr. Einstein, Vice-Principal Dr. Uma Sudhakar, Additional Principal Dr. Karthikeyan, Joint Registrars Dr. Pradeep Kumar & Dr. Nadeem Jeddy, Mr. Kirubakaran, Headmaster of Govt. ADW Primary School. The program began with Tamil Thai Vazthu. Dr. Kesavan, NSS program officer of Thai Moogambigai Dental College & Hospital presented the camp report containing the various activities conducted over the past seven days. The staffs who presented guest lectures were appreciated with a memento. A power point presentation of various activities in the camp was presented. The NSS volunteers and staff members from the department of Public Health Dentistry were appreciated for their social service rendered in the past one week.

CONCLUSION

The NSS wing of TMDCH are grateful for the support provided by the Management of Dr. MGR Educational and Research institute (Deemed to be University) headed by Thiri A.C Shanmugam, Founder Chancellor, Er.ACS Arun Kumar, President and Thiru A. Ravi Kumar, Secretary. We also thank our executives Dr. Geetha Lakshmi, V Vice- chancellor, Dr. Palanivelu, registrar and our Principal Dr. Einstein, who has been a constant source of support and motivation. The NSS wing is also thankful to Mr. Rajkumar- Chief NSS Co-ordinator of Dr. MGR Educational and Research Institute, for providing the necessary facilities for the smooth conduct of programme. We thank the Head master of Govt. ADW primary school Mr. Kirubakaran for giving permission and for providing

essential support for the NSS special camp at their premises. We thank the panchayat president of Adayalampattu village Mrs. Selvi Saravanan for granting approval and all the necessary help to conduct the camp. We also thank the Heads and staff of various departments for giving permission for the NSS volunteers to participate in the program. Finally, we thank all the students for actively involving themselves for the successful completion of the special camp.

The NSS camp was a very good learning experience for the volunteers and encouraged them to take up activities for a social cause.

Dr. R. Kesavan, M.D.S

NSS Programme officer

Thai Moogambigai Dental College and Hospital

Photo Gallery

