

University with Graded Autonomy Status

Periyar E.V.R. High Road, Maduravoyal, Chennai-95. Tamilnadu. India.



Events outcome Report 2021

21 Days - 33 Departments 42 Innovative Events on COVID-19 Awareness

June 14th to July 4th 2021

Venue:

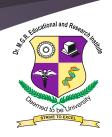
□ MGR Zoom □ MAGIC YouTube Live















MGR COVID-19 COWINWEWIN Valedictory

21 days, 33 Departments, 42 Innovative Events

Er. ACS Arun Kumar

President

Presides

Valedictory Address by

Dr. S. Geethalakshmi

Vice Chancellor

Dr. G. GopalakrishnanProvost

Dr. D. Viswanathan
Rector

Dr. M. RavichandranPro Vice-Chancellor

Dr. C.B. Palanivelu
Registrar

July 9th, 2021 @ 12.00 Noon

Venue:

○ MGR Zoom ► MAGIC YouTube Live







June 14, 21

Day 01

Session: FN Department: MAGIC Association Event Title: Inauguration by Honorable President

Session: AN Department: Financial Planning

Event Title: Challenges in Financial Commitment after COVID

June 15, 21

Day 02

Session: FN **Department:** Information Technology

Event Title: Data Analytics & Visualisation of the Big Virus COVID'19 Dataset

Session: AN Department: Academic Staff College

Event Title: Change in Teaching Pedagogy during COVID'19

June 16, 21

Day 03

Session: FN Department: Civil Engineering

Event Title: Debate on COVID'19 - Waste Management

Session: AN Department: Electronics & Communication Engineering Event Title: Conclave - Building a Digital Block to Halt COVID'19

June 17, 21

Day 04

Session: FN Department: Faculty of Education

Event Title: School 360° Protection - Short Term COVID Awareness Training

Session: AN Department: Mathematics
Event Title: Truth Behind COVID Statistics

June 18, 21

Day 05

Session: FN Department: Internal Quality Assurance Cell

Event Title: Crystallising the Dreams to Reality Through Yogic Power

Session: AN Department: Chemical Engineering

Event Title: Safety Measures During COVID'19 in Chemical Process Industries







June 19, 21

Day 06

Session: FN Department: Faculty of Humanities & Science

Event Title: Debate on Career Opportunities Before & After COVID'19

Session: AN Department: Faculty of Physiotherapy

Event Title: Respiratory Physiotherapy for COVID'19 - A Message to Common Public

June 20, 21

Day 07

Session: FN **Department:** IGEN MGR ENSAV Club

Event Title: COVIDNERGY-Panel Discussion (Positive Impact of Energy during COVID)

Session: AN Department: Sir CV Raman Journal Club Event Title: Review on COVID'19 Research Articles

June 21, 21

Day 08

Session: FN Department: Faculty of Architecture

Event Title: Post Pandemic Architecture Challenges Seminar

Session: AN Department: Faculty of Engineering & Technology 1st Yr

Event Title: Panel Discussion - COVID'19 Stress Management & Mental Health

June 22, 21

Day 09

Session: FN **Department:** English

Event Title: Wonder Tools to Fight Against COVID'19

Session: AN Department: Computer Science Engineering

Event Title: TECHASTRA'2 -TECH Co-Win (Technology Win COVID)-Inauguration

June 23. 21

Day 10

Session: FN **Department:** Faculty of Allied Health Science

Event Title: Why being Pessimist when there are 11 reasons to Stay Optimistic!

Session: AN Department: Computer Science Engineering

Event Title: TECHASTRA'21-TECH Co-Win (Technology Win COVID) Valedictory







June 24, 21

Day 11

Session: FN **Department:** Commerce

Event Title: Panel Discussion - COVID'19 Economic Crisis & Solutions

Session: AN **Department:** Office of International Relations & Faculty of Education

Event Title: Sustainable Living the Way forward for Earth's Sake

June 25, 21

Day 12

Session: FN **Department:** Physical Education

Event Title: Seminar on Mental Health Booster & Natural O₂

Session: AN Department: MGR Alumni Association Event Title: Panel Discussion

- COVID Challenges & Solutions for Academic, Industries, Entrepreneurship

June 26, 21

Day 13

Session: FN Department: Cost and Management Accounting

Event Title: Hoping & Coping to Beat Corona Virus

Session: AN **Department:** Humanities & Science Event Title: COVID'19 - data with ARIMA Models

June

27, 21

Day 14

Session: FN **Department:** The Literary Seminary **Event Title:** TLS COVID-19 RELIEF CAMPAIGN

Session: AN **Department:** The Literary Seminary

Event Title: A Discourse on Covid-19 for The Rural Public

June

Day 15

Session: FN **Department:** Faculty of Nursing

Event Title: Essential Health Tips to School Children: Vision & Hearing

Session: AN Department: Faculty of Computer Applications

Event Title: Conclave - Zero COVID Strategy







June 29, 21

Day 16

Session: FN Department: Faculty of Dentistry Event Title: Pre & Post COVID

- Precautions and Management , Can we Visit a Dentist in this Pandemic?

Session: AN Department: ACS Medical College & Hospital

Event Title: Panel Discussion - COVID Vaccination Research Analysis.

June 30, 21

Day 17

Session: FN **Department:** Electrical & Electronics Engineering **Event Title:** Post COVID Sense Making In a Era of Fear & Uncertainty

Session: AN Department: Electrical & Electronics Engineering

Event Title: Hard Talk-Scenario of Electrical Engineering Industry During Pandemic

July 01, 21

Day 18

Session: FN Department: Faculty of Management Studies

Event Title: Mental Health & Wellbeing During The Crisis Lockdown & Third Wave

Session: AN Department: Biotechnology

Event Title: Enough of Polemic, Time to Check Pandemic #Stop the Spread

July 02, 21

Day 19

Session: FN **Department:** Visual Communication

Event Title: Spread Positivity - A Conclave on INDIA vs COVID'19

Session: AN Department: Mechanical Engineering Event Title: Personal & Institutional Prevention

July 03, 21

Day 20

Session: FN & AN

Department: Faculty of Hotel Management and De - Novo Courses **Event Title:** Strategic health preparedness to face future uncertainties —

the learning from fighting Covid-19-, the hidden enemy







July 05, 21

Day 21

Session: FN Department: English Event Title: Panel Discussion on

"Application of Pranic Healing and Emotional Intelligence in Battling Covid



for queries please Contact MAGIC Association

6381433516















DAY: 01 DATE: 14/06/2021 SESSION: FN

EVENT TITLE: Inaugural ceremony of MGRCOVID-19 COWINWEWIN

ORGANISER: MAGIC Association

INAUGURATION PICTURE





EVENT SUMMARY

The inaugural ceremony of MGRCOVID-19 COWINWEWIN, a massive event was held at Anna Seminar Hall, University campus on 14-6-2021 at 12:30 pm. The program began with saluting the dignified persons by Ms. Yuvarani, Association Convener/ Faculty of Physiotherapy. The core objective of COWINWEWIN and its manifolds of approaches to reach the mankind was explicated by Dr. L. Ramesh, Dean (EPA). The significant accomplishments by OIR and MGR International collaboration was highlighted by Dr. R. Kowsalya, Dean (OIR). Having stated the prime values of the event by Dr. V. Cyrilraj, Joint Registrar, the release of launch posters on COWINWEWEIN and the release of OIR-MGR International Collaborative Activities Book by our Hon'Prsident, Er. Thiru. A.C.S. Arunkumar was upheld among thunderous applaud. The Provost, Dr. G. GopalaKrishnan, accentuated the upthrust and the distinct avenues of awareness program. The prevalence of covid crisis and the societal change was underlined by Vice Chancellor, Dr. S. Geethalakshmi. The efforts of events undertaken to create awareness and its way to serve the government was stated by Rector, Dr. D. Viswanathan in her felicitation address. The fleeting march of 41 events by 33 depts shouldered on 21 days of



continuous endeavour were presented by the respective Heads of department. This munificent ceremony witnessed the arduous efforts of great hands behind the show, which was expressed as vote of thanks by Mr. Dhanush Ram, Association Convener from Viscom dept.

SPEAKERS PICTURES







SPEAKERS PICTURES



























EVENT OUTCOME

The execution of inauguration impacted the motivation for all the departments to execute the COWINWEWIN events with more professional and with good reach to the participants. The event poster reached above five lakhs members through digital promotion and have good reach in digital press. Around 400 participants connected in MGR ZOOM abd 900 participants connected MGR MAGIC Channel.









SPEAKERS PICTURE





SPEAKER PICTURE





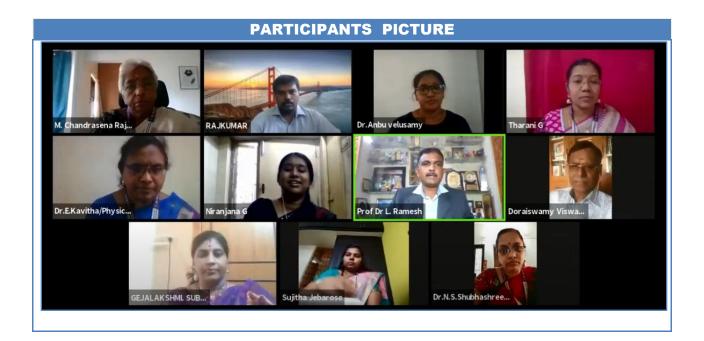












EVENT ORGANISERS LIST

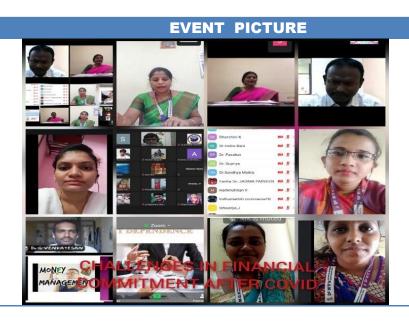
Dr L. Ramesh (Dean EPA), Dr Kowswalya (Dean OIR), Mr Janakiraman (MAGIC), Mr Prasana(MAA), Mr Rajkumar(MAA), Dr Kavitha(CVRJC), Ms Devi (CVR JC), Mr Anitha(MECSTAR), Ms Latha(E&T Ist Yr), Mr Danush(Viscom) and all the Association Conveners'.



DAY: 01 DATE: 14/06/2021 SESSION: AN

EVENT TITLE: CHALLENGES IN FINANCIAL COMMITMENT AFTER COVID

ORGANISER: DEPARTMENT OF FINANCIAL PLANNING



EVENT SUMMARY

Dr. MGR Educational and Research Institute marching towards a mission entitled MGR COVID-19"COWINWEWIN" a continuous 21day program. As a initiation Department of Financial Planning organized Day 1 event on "CHALLENGES IN FINANCIAL COMMITMENT AFTER COVID". The event started with the welcome address presented by the Head of the department Dr.J.Sridevi followed by the special address given by Dr.Malini Pandey Joint Register H&S. Dr.Sonia.S Assistant professor Department of FP introduced the first speaker DR.Sakthivel Arumugam, Director JK Academy, Chennai, Former Associate Prof. MAHS University ,Malaysia. The speaker took over the session and gave very important information on vaccine. He presented about the importance of vaccination and the do's and don'ts of different types of covid vaccines in India. At end of the first session S.Archana Assistant prof. Department of FP gave a thanks note for the speaker.

The second session then took over by the speaker Dr.G.Venkatesan Assistant professor Department of BBA, Sona college of Arts and Science, Salem. The session was on the challenges of financial commitment after covid. The speaker took over the session interesting by presenting challenges and methods to overcome those challenges on financial commitment. At the end of the second session Dr.Cyril raj Joint Registrar Dr.MGR Educational and Research Institute joined the event joint the event and addressed the gathering. Sir shared his own experience towards the suffering of covid and appreciated for the initiation. Sir also appreciated the department for choosing an excellent topic. The event ended with the vote of thanks by V.Janani, Assistant Prof. Department of FP.



At the outset we would like to thank our Honorable President for the support and encouragement and also would like to thank Vice Chancellor, Registrar, Provost, Pro vice-chancellor, Deans, and Heads of the departments for the cooperation.





EVENT OUTCOME

The Event was very informative and knowledgeable. The speakers gave information on importance of vaccine and about the challenges in financial commitment. The speaker explained about how to overcome the challenges in financial commitment after covid, which is very useful in today's situation. It's a completely useful session, wherein participants from different sectors joined and meet and made use of it. All over 267 people participated in the event and benefited.





EVENT ORGANISERS LIST

Dr.Sridevi.J, Dr.Sonia.S (Associate convener), V.Janani(AP), Mubasheera Fathima(AP), Students: Ezhilarasan 1st year, Pooja shree 1st year, Nirosha 2nd year



DAY: 02 **DATE**: 15/06/2021 **SESSION**: FN

EVENT TITLE: WEBINAR ON "DATA ANALYTICS AND VISUALIZATION OF THE BIG VIRUS COVID-19 DATASET"

ORGANISER:

DEPARTMENT OF INFORMATION TECHNOLOGY





EVENT SUMMARY

Department of Information Technology conducted a webinar on "Data Analytics and Visualization of the Big Virus Covid-19 Dataset" as part of MGR-19 COWINWEWIN. The program started with the welcome address given by Prof. Dr. N. Kanya, HOD-IT, she welcomed the participants and guest speakers of the day and explained the initiative taken by Dr.MGR COWIN WEWIN Event which comprises 21 days of 41 events conducted by 33 departments of Dr. MGR Educational and Research Institute and the overview of the two sessions of the day.

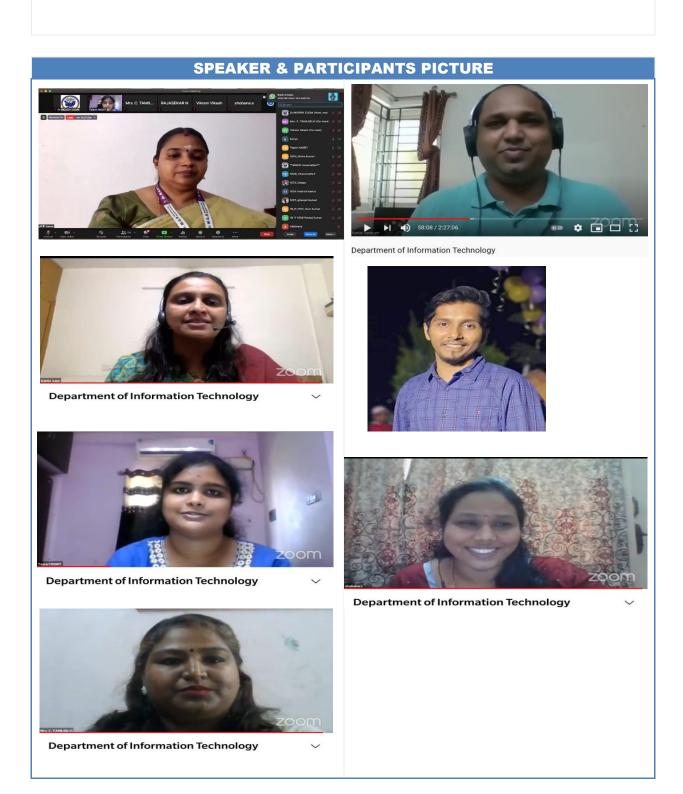
The first session speaker was our Alumni Mr. VikramVikash, Team Lead, Cognizant Technology Solutions, Pune. He was introduced by Mrs. S. Shobana, Assistant Professor, Dept of IT. In his lecture, he demonstrated Data Visualization, features, and tools like Qlik in detail. With the help Qlik tool, he gave real-time examples and explained how data analytics can be done with the Covid-19 data set. The session ended with Mr. VikramVikash answering all the questions raised by the participants.

The second session speaker was Mr. Kumara Sundaram, Data scientist, BI Consultant, Corporate trainer, and Freelancer. He was introduced by Dr. Dahlia Sam, Professor, Dept of IT. In his lecture, Mr. Kumara Sundaramelaborately explained how data analytics and visualizations of the current Covid-19 data set can be used to make future predictions, which will help in taking precautionary measures, and explained Covid-19 Datasets. He gave pragmatic knowledge on Machine learning with tools like Python, R, etc.., using which he explained clearly the Covid-19 predictions. The speakers answered all the queries raised by the participants.

Both the sessions were much informative, knowledgeable, and interactive. The finally the event ended with a formal vote of thanks given by Mrs. C. Tamilselvi, Assistant Professor, Dept of IT. The whole event was moderated by Ms. MVSL Tejasri, Assistant Professor, Dept of IT



The webinar was conducted via Zoom and was also broadcasted live on YouTube. We wholeheartedly thank our honorable president sir for his motivation and guidance to conduct such an event successfully.





EVENT OUTCOME

Session one on data visualization on COVID '19 Data gave an insight to the participant on the various tools available for visualizing data. The second session on data analytics on COVID'19 data gave a clear idea of analytics tools used to make future predictions, which will help in taking precautionary measures. The event was hosted in the ZOOM app nearly 150 participants were connected and around 300 participants were connected in the MGR MAGIC Youtube channel.

EVENT ORGANISERS LIST

Mrs. C. Tamilselvi Dr. Dahlia Sam Ms. M.V.S.L. Teja Sri



DAY: 02 DATE: 15/06/2021 SESSION: AN

EVENT TITLE: MGR COVID-19 COWINWEWIN

Topic: CHANGE IN TEACHING PEDAGOGY DURING COVID TIMES

ORGANISER: ACADEMIC STAFF COLLEGE

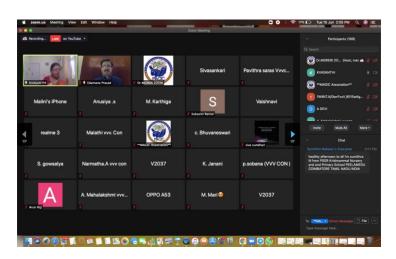


EVENT SUMMARY

The Guest speaker Dr EdmanaPrasad presented oh How there is Change in society, student expectations, and technology is already motivating university and college faculty and instructors to rethink pedagogy and teaching methods during COVID pandemic. Today's students are growing up in a world where technology is a natural part of their environment. Their expectation is that use of technology should be applied. This is one reason blended learning has grown to be on use across colleges and universities and Universities are now exploring a "flipped classroom" approach to learning..Blended and online learning are a feature of most strategic plans for colleges, universities. These plans have been given a new emphasis as the pandemic forced online learning everywhere. Hence these faculties must move towards adapting the new technologies and new changes



SPEAKER & PARTICIPANTS PICTURE



EVENT OUTCOME

The COVID-19 pandemic has forced sudden transformation in many sectors of the global community, turning the world upside down. Everything has been impacted, not excluding the education sector, which has experienced some unforeseen changes in many parts of the world. The sudden transition to online pedagogy as a result of COVID-19 has exposed some inequalities and challenges, as well as benefits. These challenges and inequalities have now become the new realities in the educational sector. Suggestions are provided here so that the challenges presented by the new approach can be mitigated while we come to terms with the disruptions introduced by COVID-19 to our education sector

EVENT ORGANISERS LIST

K.Vasanthi Program Coordinator Academic Staff College Asst Professor Dept Pf HRM



DAY : 03	DATE: 16/06/2021	SESSION: FN
EVENT TITLE: Debate on Covid'19 – Waste Management system		
ORGANISER:	Civ	il Department

INAUGURATION PICTURE





EVENT SUMMARY

Faculty of Engineering & Technology, Dr. M.G.R. Educational and Research Institute, Chennai under the benevolence of our Honorable President sir organizing awareness series on COVID19 pandemic titled "COWINWEWIN". As part of this awareness campaign, the DAY 03 sessions was organized by the Department of Civil Engineering on 16th June 2021 on the topic, "Debate on Covid'19 - Waste Management".

Dr.T.Kavitha, Deputy HoD, Civil Engineering and Dr.M.Manikandan, Asst.Prof/Civil organized the Day -3 session of "COWINWEWIN". Dr.T.Kavitha hosted the session which started at 10.00a.m with welcome Address by, Dr. S. Arivalagan, Professor and Head, followed by Inagural address by Dr.T.Felix Kala, Dean, Students Affairs, explaining about the importance of Covid waste management and especially on its reuse/reutilization to new value added products. Dr.R.Sudhakar, Professor/Civil, introduced the speaker of the day Dr.T. Marimuthu Saravanan, Consultant Anaesthesiologist and Dr.M.Narmada, Assistant Professor/Civil, introduced the other speaker of the day Dr.Manju Marimuthu saravanan, Consultant Obstetrician Gynaecologist to our audience. Dr.Manju explained about the



nature of waste generated in hospitals and other care centres and Dr.Marimuthu explained clearly about the colour coded bins used for segregation of waste in Health care Sectors. After a detailed discussion on covid waste management, Dr.S.Arivalagan and Dr.T.Felix Kala interacted with the Doctor couple about other general precautions to be followed during this pandemic. Then, Mrs.P.Gomathi Nagajothi, Assistant Professor/Civil threw some light on Bio-Medical waste generation and management scenarios in Tamil Nadu and across India with facts and statistics. After a detailed Q&A session, a formal vote of Thanks was proposed by Magic Association Convener for the department, Dr.M.Manikandan, Asst.Prof/Civil. We thank everyone for their constant support and encouragement.

SPEAKERS PICTURES





SPEAKERS PICTURES



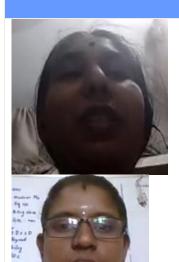




EVENT OUTCOME

The execution of inauguration and awareness series on COVID19 pandemic titled "Debate on Covid'19 – Waste Management system". The event is more professional and with good reach to the participants. The event posters reached above members through digital promotion and have good reach around 200 participants connected in MGR Zoom.

PARTICIPANTS PICTURE











EVENT ORGANISERS LIST

Dr. T. Kavitha, Dr. M. Manikandan



DAY: 02 **DATE**: 15/06/2021 **SESSION**: FN

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ORGANISER:

DEPARTMENT OF INFORMATION TECHNOLOGY





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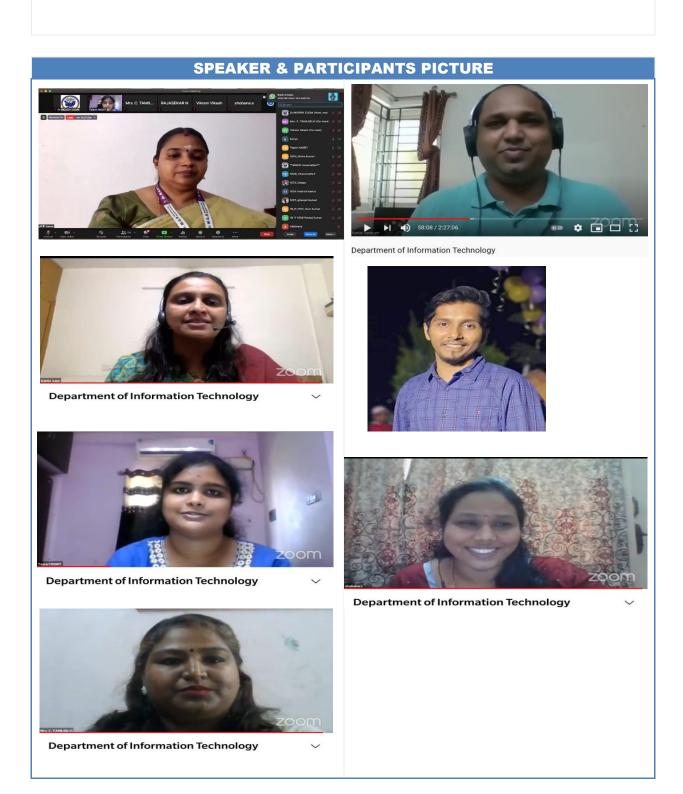
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EVENT ORGANISERS LIST

Mrs. C. Tamilselvi Dr. Dahlia Sam Ms. M.V.S.L. Teja Sri



DAY: 04 DATE: 17/06/2021 SESSION: FN

EVENT TITLE: School 360° Protection- Short Term Covid Awareness Training

ORGANISER: Faculty of Education



EVENT SUMMARY

The Faculty of Education with colossal pleasure would like to share the report of the great missionary event MGR Covid-19 COWINWEWIN an initiative for 21days with 33 departments of 41events to win Covid-19. As a part of this visionary mission of four day witnessed a seminar on 'School 360° Protection- Short Term Covid Awareness Training was initiated on 17.6.2021as a half- day event with two eminent personalities from two domains. The event started with an invocation at 10.30am followed by the warm welcome extended to the participants of the virtual portal. In order to promote admission awareness the admission video was played while briefing about the University and there was a response in the chat box regarding enquiry for the admission for B.Ed.,B.Sc.and M.Sc. Chemistry. The first session began with a song sung with an euphonious voice by first year B.Ed. student 'Corona Corona Go Corona' was so pleasing to the ears followed by the presentation of B.Ed. students in the order of Precautionary measures *BC- Before Corona (preventive measures)

- *AC- Amidst Corona (Tackling the situation and self experience)
- * PC- Post Corona (Post Covid measures)



precautionary measures to be followed by kids starting from wearing mask, washing hands, eating healthy food and maintaining social distancing while playing presented by second year student. Tips that has to be followed by staying positive amidst Covid positive was shared by the students through personal experience. Finally the students programme came to an end with the enthusiastic delivery of post Covid measures.

STUDENT PARTICIPANTS PICTURE



The first session at 11.00 am by MS Shiny Surendran, Sports Dietitian, Preventive Health and Weight Management Specialist (International Olympic Committee) on the topic 'Nutrition and Immune System' was interactive with the enthusiastic delivery on the diets that has to be followed and clearly explained about the diet and food habit varies from person to person based on the insulin resistance and elaborated the balanced diet that has to be followed during each meal and to have half kg of vegetables daily with dal, rice or chapati. The first session came to an end with few questions raised by the students and the audience which was patiently answered by the guest.





The second session started with a recitation of a poetry written by a first year B.Ed. student and there after had the same order of events like BC (Precautionary measures for adults), AC (How to make this pandemic creative, innovative and productive by various activities like cooking, art work, cleaning and gardening) PC (students shared their neighbours experience). The events presented by the students of B.Ed was concluded with the collage prepared by them.

SESSION 2: SPEAKERS PICTURES





The second session by Mr. Nakul Kumar Tarun, former Deputy Director Directorate of DGCD and NDRF Civil Defence Ministry of Home Affairs, Government of India shared the valuable insights to motivate the audience and insisted on how to plan the draft with minute details to manage during the disasters caused due to natural calamities. After the fairest blossom of gratitudinal note that sprung from the soul the part of the mega event MGR covid-19 COWINWEWIN came to an end with the National Anthem.

EVENT OUTCOME

It was a program that was so beneficial to the society to fight against covid-19 and to stay positive even amidst tested Covid negative.

The Precautionary measures shared by our students for Children and Adults was the highlight of the event and the way to keep everyone engaged during this lockdown was innovative.

- *BC- Before Corona (preventive measures)
- *AC- Amidst Corona (Tackling the situation and self experience)
- * PC- Post Corona (Post Covid measures)



EVENT ORGANISERS LIST

Dr.K.Geetha, Principal, Dr.V.Anuradha, Event Convener, Ms.L.Maria Suganthi, Event Co-Convener, Dr.P.Senthamizh Pavai, Event organizer & Ms.J.Vigneshwari, Event co-organizer

Student organizers II year B.Ed. Students



- 1. V.SARANYA
- 2. P.INDHUMATHY
- 3. S.REVATHY
- 4. V.N.MAHALAKSHMI
- 5. K.DIVYALAKSHMI
- 6. K.DURGADEVI

I year B.Ed. Students

- 1. MONISHA.B
- 2. ANIL VERMA
- 3. M.PAVITHRA
- 4. MOUSUMI BISWAS
- 5. M.AZHAR MOHAMED
- 6. A.SRUTHI MEERA
- 7. VASUNDHARA.K
- 8. J.JOEL
- 9. 9. F.FEBIN DAVID

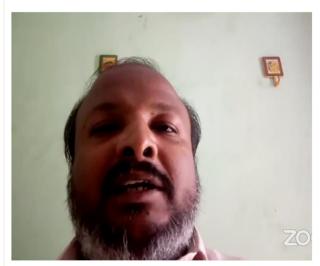


EVENT TITLE: TECHNICAL TALK ON – TRUTH BEHIND COVID STATISTICS

ORGANISER: DEPARTMENT OF MATHEMATICS

INAUGURATION PICTURE



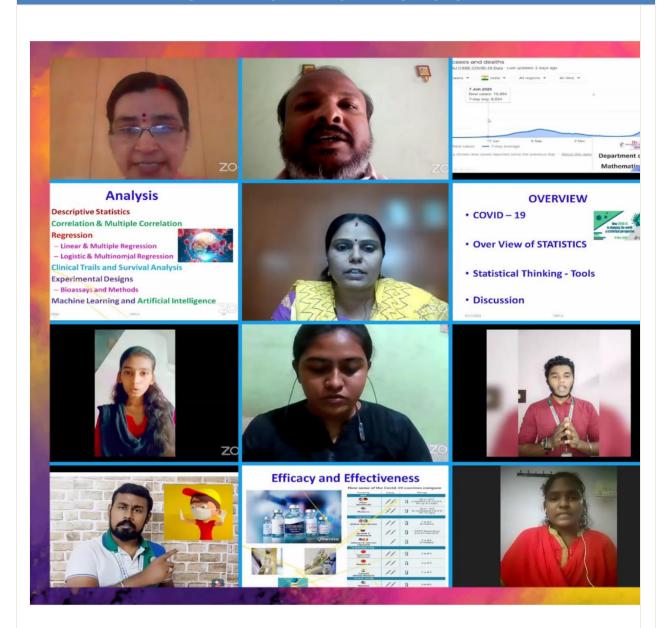


EVENT SUMMARY

The event Technical talk on TRUTH BEHIND COVID STATISTICS started at 2.30 PM with an welcome gathering by the final year PG student Ms. Revathi followed by an welcome address given by Dr. T. Johnson, HOD-Department of Mathematics. The chief guest was introduced to the audience by Ms. Jenifer final year PG student. The chief guest Dr. G. UMA, Assistant Professor, Department of Statistics, PSG College of Arts and Science, Coimbatore has delivered and demonstrated the session in an elaborative manner with the COVID 19 statistical data. She has correlated the real time data with the statistical methods, and she has explained how the data to be analyzed, how to choose the proper method for the data and how to get the results of the data. The event was ended with the vote of thanks given by the program organizer and Department convener Ms. A. Rathi.







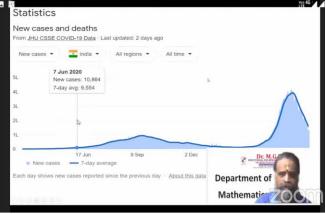
EVENT OUTCOME

The execution of the program will create a great impact with the participants including students, research scholars, faculties from various disciplines, medical researchers, statisticians, industrial peoples and school students also. The event poster reached above 500 members through digital promotion and have good reach in digital media. Around 350 have registered the event, 100 participants connected in MGR ZOOM and about 200 participants connected and watched in MGR MAGIC Channel.



VALEDICITORY PICTURES





EVENT ORGANISERS LIST

Dr. T. Johnson (HOD), Ms. A. Rathi (Dept, Convener & Organizer), Dr. R. Nagarathinam (Co Organizer) Ms. Jenifer (PG Student) and Ms Revathi (PG Student)



DAY: 05 DATE: 18/06/2021 SESSION: FN

EVENT TITLE: Crystallizing the dreams into reality through yogic power

ORGANISER: Internal Quality Assurance Cell

INAUGURATION PICTURE





EVENT SUMMARY

IQAC express the happiness of being a part of 21-day program Cowinwewin initiated by Magic association. The fifth day of the eventwas organized by the Internal Quality Assurance Cell on the title Crystallizing the dreams into reality through yogic power. The Director IQAC Dr. P.Udhayakala welcomed all those who connected online and informed about the activities of IQAC and about the NGO Prajapita Brahma kumaris world spiritual University. IQAC tied up with a MoU with this organization to have this type of life motivating collaborative events.Dr.Malini Pande Joint Registrar H&S felicitated the program with her words of wisdom .The speaker Mr.E.V.Gireesh who is a corporate trainer made the session lively by bringing out the difference between life and survival and also controlling one's own mind, thoughts and emotions will naturally bring the dreams into reality. Also he informed fear and shock due to



unforeseen situations create mental damage and shatter your dream and takes time to revert back So he informed yogic power helps to calm even in such situations. Sister BK Deepa gave a very positive meditation commentary which is the yogic practice to keep the mind calm and peaceful irrespective of the situation. Dr. Nirmala Krishnan, Mr. Janakiraman and many others interacted with the speaker for making the session lively. Dr J. Sridevi IQAC incharge HoD, Financial planning introduced the speaker and moderated the whole program. Dr.N. Kanya, HoD IT,Addnl. Dean E&T, IQAC incharge delivered a vote of thanks with a very positive feedback for the speaker. IQAC thank Hon. President and Dr. L. Ramesh,Dean events for such an initiative for a great cause and also thank Provost, Vice chancellor, Pro Vice Chancellor,Rector, Registrar,Jt.Regs,Principals, Deans,Heads, faculty friends and students who joined the program and made it a grant success.

SPEAKER & PARTICIPANTS PICTURE









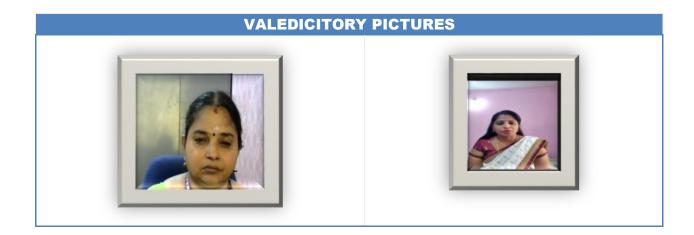






EVENT OUTCOME

This program made the participants understand the priorities and core beliefs behind the goals. It was a highly interactive session where the participants responses were considered and the speaker discussed based on their attitude and understanding. It made the participants appreciatethe journey and enjoys the journey without any expectations on the final result . The participants were made to face any situation fearless and move ahead further in life. This unforeseen situation of pandemic cannot stop any dreams and it can be brought into reality by kindling the spirit within was made very clear by the speaker.



EVENT ORGANISERS LIST

Dr. P. Udhayakala- Director IQAC, Dean – Chemistry, Dr. N. Kanya –,IQAC i/c, Addnl. Dean E &T, Head IT, Dr.J.Sridevi ,IQAC i/c, Head FP.



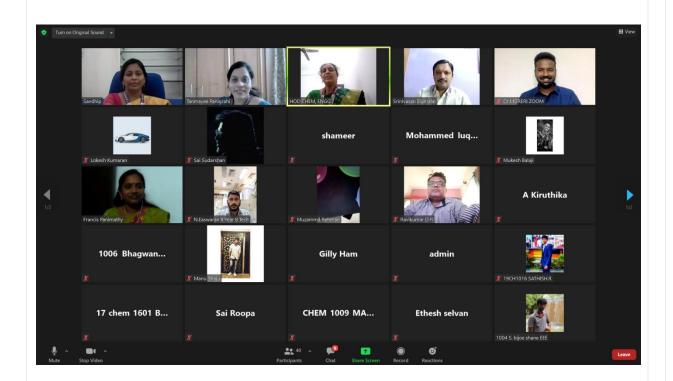


DAY: 05 DATE: 18/06/2021 SESSION: AN

EVENT TITLE: Safety measures during Covid 19 in process industries

ORGANISER: Dept of Chemical Engineering

INAUGURATION PICTURE



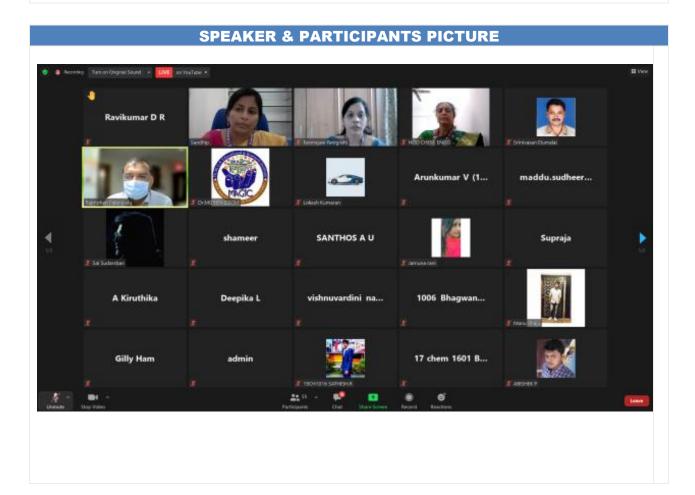
EVENT SUMMARY

The webinar on "Safety measures during covid 19 in process industries" was arranged as an awareness program for society. The inauguration of the program was initiated with a welcome speech by the HOD of the dept Dr.N.Jayachitra followed by highlights of the department by Mrs.Francis Panimathy(Assistant Professor). The program was hosted by Dr.K Sujatha(



Associate Professor).

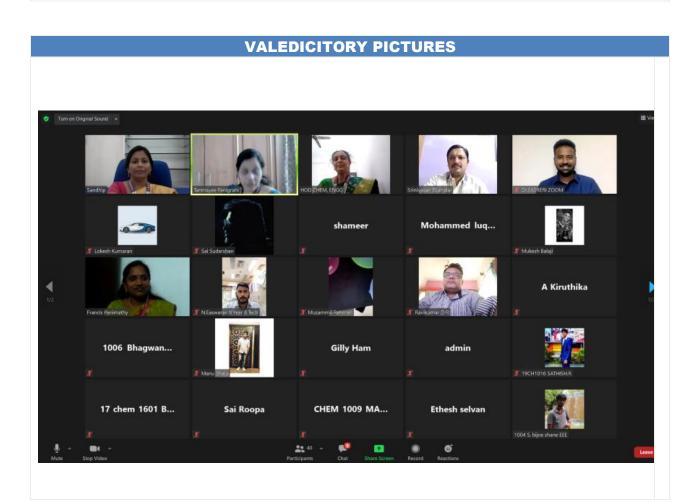
The webinar was conducted through Zoom and live telecast streamed in Dr.MGR Educational and Research Institute You tube Channel. This awareness program was witnessed by around 200 participants. The Esteemed speaker for this webinar was Dr.Rajamohan Palanivelu (Associate General Manager, Toshiba JSW power system Pvt ltd, gave a deep insight on safety measures and precautions to handle Covid 19 situation. Types of vaccinations and different COVID 19 protocols were also discussed. Departmental Research activities and available facilities was given by Dr. AU Santosh (Assistant Professor). The program was concluded with Vote of Thanks by Mr. E.Srinivasan (Depy HOD)



EVENT OUTCOME

As the number of people with COVID 19 continues to increase in the current pandemic and our country was in grief for loosing so many lives awareness of how to protect ourselves from this deadly virus becomes inevitable. This webinar objective was to reach maximum people and make aware each one of us on the preventive measures for COVID 19.





EVENT ORGANISERS LIST

- 1. Mr E Srinivasan (Deputy HOD)
- 2. Mrs. Tanmayee Panigrahi (Assistant Professor)



DAY: 06 DATE: 19/06/2021 SESSION: FN

EVENT TITLE: DEBATE

ORGANISER: PHASE II HUMANITIES & SCIENCE

DEBATE PICTURE

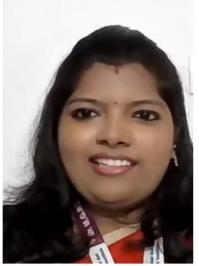














EVENT SUMMARY

The Faculty of Humanities and Science , Adayalampattu Phase II Campus through the Magic Association organised a Debate on *"CAREER OPPORTUNITIES BEFORE AND AFTER COVID'19"* during the Day 6- 19.06.2021 of the *MGR COVID19 COWINWEWIN (21Days-33Depts-41Events to Win Covid). Event was beautifully moderated by *Ms. Nivedha Rajid AP/HRM.* The Faculty of Humanities and Science conveys it's earnest gratitude to the distinguished Joint Registrar (H&S) *Dr. Malini Pandey* for joining the program and delivering a spectacular key note address.

Dr.Malini Pandey started thanking the management and congratulated the Event organisers and the Phase II campus organisers for conducting this COVID awareness program. She welcomed the speakers and briefly explained about how tough the balancing work life has become. She focused on how GDP has come down and what are the problems the company's and individuals are facing and so on. She also focused on the technology like cyber protection, Digital marketing etc., and its important which are currently needed and how each and every individual has to to enrich themselves for getting jobs.

We had four eminent and professional speakers *Ms. Shaifaly Sangal,* CEO Young Minds, *Ms. Rajalakshmi Srinivasan,* Director – Product Management, Zoho Corporation Pvt Ltd, *Dr. AR.Arunachalam*, Deputy Dean (Academic) Phase – II, and *Dr. R. Jayam*, Professor & Head of the Department of Human Resource Management was called to be the resource persons of the day.

Debate session started with the introduction of each resource persons , **Ms.Rajalakshmi Srinivasan** started her talk with a positive wipes explaining the skills which each individual has to develop to survive in this competitive world and the opportunities which was available before COVID19, besides she also focused on what are the 3 options available to students after college with lively examples. She also focused on how effective the team work will be covered various skills which has to be developed during the college life itself .

The second resource person **Ms.Shaifaly Sangal** started explaining the current situation and how we can change this negative into positive situation after covid. She highlighted the opportunities which are available for future. She focused on women employment opportunities and how they have to enhance themselves. Besides she suggested the women 's how to became a entrepreneur and so on.

The third speaker Dr.R.Jayam explained the job opportunities which was available for all cadre of people, how was the survival of people before COVID with statistical survey by pointing out the increase of employment opportunities and the measures taken by the Government for creating more jobs and what is the current situation, how people are struggling without salary as they have lost their job. She also explained that as per a survey report stating that it will take at least 2 or 3 years to come out of this economic crisis and unemployment problems faced by our country.

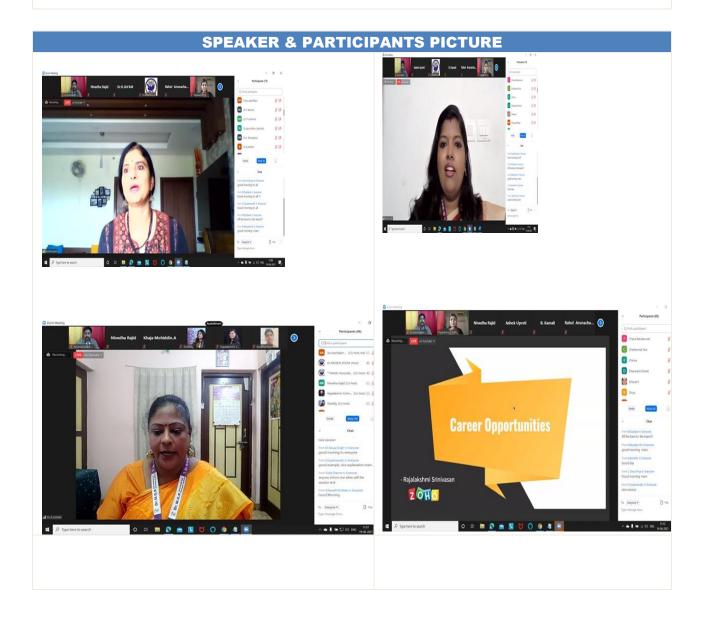
Dr.A. Arunachalam started his talk with the career opportunities available to students he elaborately discussed on How to find an internship/job?, Skills which are expected by the industries and how to develop it. Besides he explained the best career options which are available in the field like Robotics, Artificial Intelligence, Cloud computing etc. He also explained the skills which normally every company's expect from an individual how we can develop it. What are the available sources.



All the four sessions was quite enlightening and received wonderful feedback from our participants comprising of students, research scholars and faculty members from various prominent institutes across the nation.

Finally the session ended with the conclusion that whether its going to be before or after COVID always Employment opportunities will be available and we have to enrich ourself according to the need and expectation of the organisations and enhance ourselves with updated technologies.

On behalf of the Phase – II campus, we extend our heartfelt thanks to our Honourable President Er.A.C.S. Arun Kumar Sir for granting us permission to organize this event. We extend our gratitude to Joint Registrar Dr. S. Ramalingam, Dean Dr. S. Manivannan and Deputy Deans both (Academic) Dr. A. R. Arunachalam and Prof. K. Senthil Kumar (Admin) of Phase II Campus for their enormous support in organizing this event on a grand scale. We would also like to thank Dr.L.Ramesh,Dean-EPA for providing us the opportunity to conduct this event. Special thanks to Mr. Prasanna and Ms. Anitha from Magic Team for hosting the show.





EVENT OUTCOME

The outcome of this debate is before or after COVID any time the opportunities of employment will are always there and the job seekers they have to search it and find the right job. To get a right job they have to update their knowledge according to the needs of the organisations and get updated with the technologies.

VALEDICITORY PICTURES	
NOT APPLICABLE	

EVENT ORGANISERS LIST

1.Dr.R.JAYAM 2.Ms.NIVEDHA RAJID



DAY: 06 DATE: 19/06/2021 SESSION: AN

EVENT TITLE: Respiratory Physiotherapy For Covid-19- A Message To Common Public

ORGANISER: FACULTY OF PHYSIOTHERAPY

WELCOME NOTE









EVENT SUMMARY

The Dr. MGR Educational and Research Institute has initiated a mission entitled MGR COVID-19 "COWINWEWIN" a continuous 21 days program. As a part of this mission Faculty of Physiotherapy organized A PHYSIO AWARENESS PROGRAM on Day 6 on RESPIRATORY PHYSIOTHERAPY FOR COVID-19- A MESSAGE TO COMMON PUBLIC, on 19/06/2021 between 05.00 PM- 07.30PM virtually.

The program commenced with an introductory speech by Dr.K.Kamatchi ,Assistant Professor , following which Dr.G.Yuvarani, Associate Professor delivered the welcome speech. Later our



Principal Professor Dr.C.V. Senthil Nathan rendered a special address to the participants. Then Mr. Vijayaraghavan, Junior engineer, Chennai portress, secretary, Color county association, Noombal, lyyapanthangal, Chennai appreciated the initiatives taken by the department for connecting their residents for this program. That was followed by the introduction of the speaker by Dr.Srilakshmi, Assistant Professor. Subsequently, the speaker for the first session Dr.S.Ramachandran , Professor, began his presentation by explaining the basic anatomy of lungs, facts about masks and oximetry, its types and how to use it properly. He also gave a clear explanation regarding the common myths and facts about covid-19 vaccination . That was followed by the introduction of the speaker of the next session by Dr.Kirupa, Assistant Professor. Subsequently, the second speaker, Dr.Ishwaryavardhini.C , Assistant Professor started the next session by explaining the importance of respiratory physiotherapy, useful positions to relieve breathlessness. She also gave a clear explanation about the protocol and its effects and uses. She also demonstrated clearly some of the important breathing exercises with the help of a student that can be practised by post covid -19 patients. Finally Dr. G.Tharani, Assistant Professor concluded the session with a vote of thanks. Later, the feedback link was posted in the chat box to the participants for receiving E-certificate.

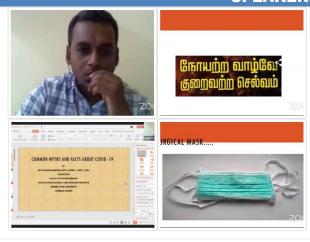
SPEAKERS PICTURES







SPEAKERS PICTURES

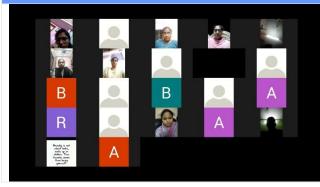




EVENT OUTCOME

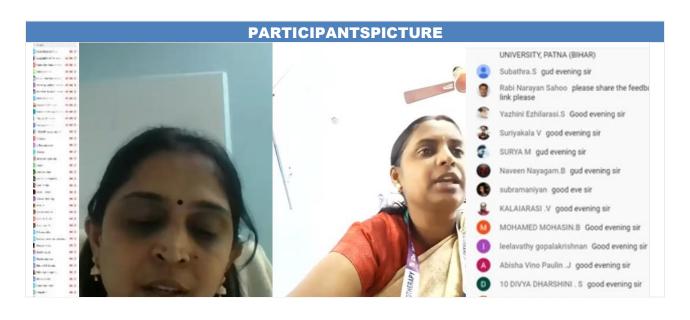
The execution of physio awareness through "COWINWEWIN" - Respiratory Physiotherapy For Covid-19- A Message To Common Public, greatly influenced the common people. Around 150 participants attended the program in Zoom — 300 and YouTube - 1200 participants witnessed the live program on YouTube. The common public who participated in this event learnt how to use face mask and oximetry properly, apart from that they also became aware of the breathing and relaxation techniques that should be followed in post covid -19 patients.

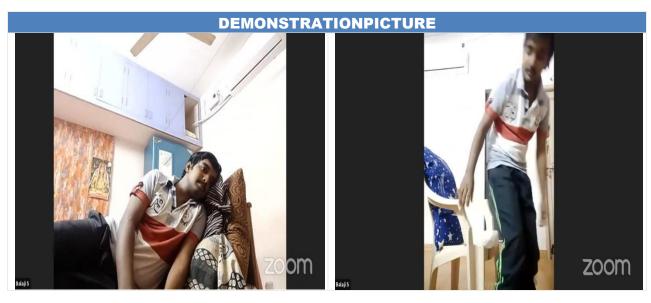
PARTICIPANTS PICTURE



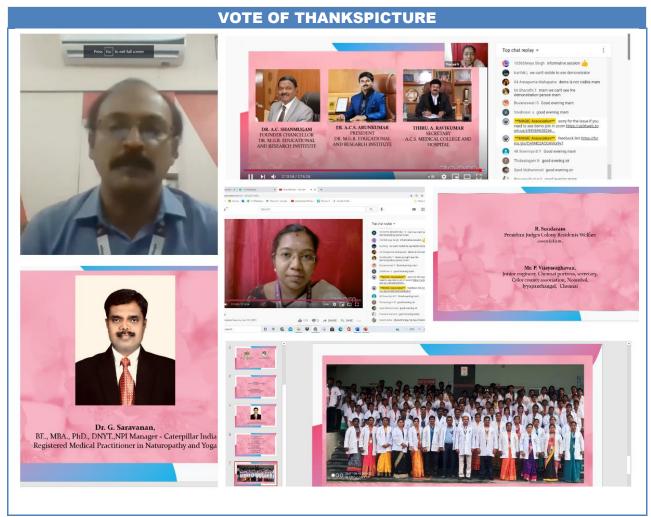












EVENT ORGANISERS LIST

Prof. Dr. C.V.SenthilNathan(Principal) ,Dr.V.Rajalaxmi(Vice Principal), Dr. G. Tharani (dept convenor),Dr. G. Yuvarani- Associate Professor, B.Mugilan- Internship, Jeremiah Jennings- final year, S.Balaji – III year



DAY: 07 DATE: 20/06/2021 SESSION: FN

EVENT TITLE: COVIDNERGY PANEL DISCUSSION (positive impact of energy during covid)

ORGANISER: MGR- IGEN GREEN 9 ENSAV CLUB



EVENT SUMMARY

MGR IGEN GREEN9 ENSAV Club, Dr.MGR Educational and Research Institute organised a webinar on - COWINWEWIN - "Impacts of Energy Consumption during Covid19" on 20/June/2021. The event started with brief introduction about the club which was given by Mr.Ragul (executive member). Followed by event introduction which was given by Student Convener of IGEN GREEN9 ENSAV Club Ms.K.Anitha. was organised by Dr.L.Ramesh (Dean EPA) MGR IGEN GREEN9 ENSAV Club. The panel discussion started with speech given by Dr.L.Ramesh (Dean - EPA) explained about impact of energy conservation and its need for the development of the economy .



During the Round 1 session, Speakers shared their own views and experience on energy consumption during Covid19. Speakers were Mr.Awanish Kumar senior electrical engineer from uttam sucrotec , Mr.Xavier Selvam Executive director from gold man sachs futures pvt.ltd , Mr.Harikrishnan Assistant manager from AG&P , Mr.Kishore kumar Senior Threat Researcher from Mind tree, Mr. Ranjnish Pandey Buisness development manager from Dalisoft , Mr.Ashok Kumar Senior Product Development Engineer from UST , Ms.P.Ezhil Research Scholar and Mr.Ranjit Singh Research Scholar.

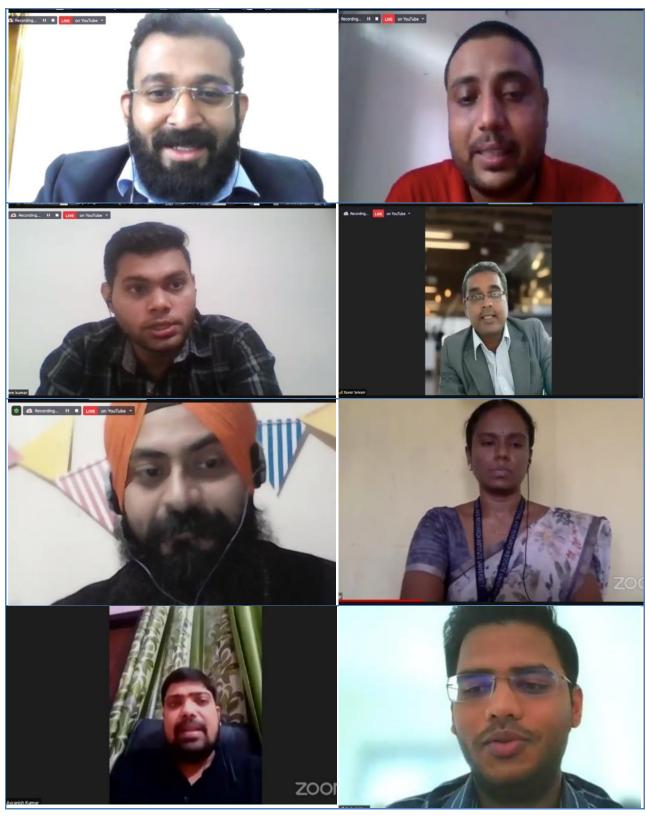
During Round 2 session Mr.Ranjit Singh discussed about 'Impact of Covid on Idian energy consumption'. Mr.Rajnish Pandey discussed about 'Idustry 4.0 and Energy and Covid'. Mr.Kishore kumar discussed about 'Residential Energy consumption during Covid19'. Mr.Awanish kumar discussed about general energy conservation. Mr.Xavier Selvam briefed about the 'Impact of Covid on energy in IT sector and Stock market'. Ms.P.Ezhil briefed about 'Impact of smart meter on Covid' crisis'. Mr.Ashok Kumar gave his views on 'Impact of Covid on Semiconductor industry'.Mr.Harikrishnan - 'Impact of Covid in the Industrial sector and importance of renewable energy sources'.

During Round 3 an opportunity was given to the participants about their contribution to society (energy conservation). Nithin shared his experience about village audit, Mr.Saravanan, Ms.D.Sneha, Ms.V.Diviyadarshini about IGEN GREEN 99 Challenge, Ms.C.S.Booja - Igen G9 mantra video presentation and Ms.Srirathi Muthuraman - Implementation of IGEN G9 mantras to save electricity.

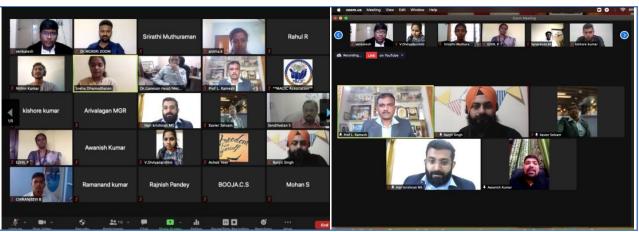
During Round 4 ,Staff co-ordinators from various departments shared their views on impact of energy during Covid pandemic . Mr.Antony Xavier (Biotech dept.), Ms.V.Priyadharshini (Civil dept.), Mr.Sivanand (EEE dept.), Ms.Janani (ECE dept.), Mr.Kameshwaran (IT dept.), and Ms.Preetha (Physics dept. 1st yr campus). Finally the vote thanks was given by executive member of the club Mr.Nithin and thanked everyone for their patience and participation.

The webinar was conducted via Zoom and was also broadcasted live on YouTube. We wholeheartedly thank our honorable president sir for his motivation and guidance to conduct such an event successfully.









EVENT OUTCOME

The event had different session which created awareness to nearly 130 participants on

- 1.) Need of energy conservation for the economy development
- 2.) Impact of covid in residential energy consumption, industrial energy consumption, in IT Sector , Stock market
- 3.) Importance of Renewable energy sources.
- 4.) Need of smart meter for energy monitoring solutions

EVENT ORGANISERS LIST

Ms.Anitha.k- Ensav club convenor

Ms.sneha- joint secretary Srirathi- chair person Venkatesh- Secretary



DAY: 07 **DATE**: 20/06/2021 **SESSION**: AN

EVENT TITLE: Panel Discussion - Review on COVID'19 Research Articles

ORGANISER: MGR Sir C V Raman Journal Club

INAUGURATION PICTURE





EVENT SUMMARY

Day 7 of the MGR CowinWewin program, a mega-event spanning for 21 days, was dedicated for the Panel Discussion - Review on COVID'19 Research Articles by scholars and researchers from Dr MGR Educational and Research Institute and from around the world.

The meeting opened at 2 PM with an informal word of welcome by Dr. L. Ramesh, Dean, EPA. A formal note of welcome was delivered by Dr. Yuvarani, Associate Professor, Faculty of Physiotherapy, Coordinator of David J Magee Journal club. Dr. Kavitha, Coordinator of MGR CVR Journal Club, Professor - Department of Physics, briefed about the activities of the Journal club. The CowinWewin program, an initiative by the Journal club, was also briefed about.

The Inaugural Address was delivered by Dr. Viswanathan, Rector, Dr. M. G. R. Educational and Research Institute. The urgent need to bring in effective teaching methods online was stressed upon by him. Ms. Angel P, Assistant Professor of English, Faculty of Hotel Management, Coordinator of Dr. Chef Manjit Gill Journal Club, gave a brief of the proceedings for the day. The



session was then taken over by Dr. L. Ramesh, Dean, Events, Publications and Alumni, Dr. MGR Educational and Research Institute.

The program had a total of four rounds. Round one witnessed the presentation of research articles around the world on COVID 19. A total of 16 speakers participated in round one, each took about four minutes to present their papers / articles. Round two saw the presentation of research articles written by the faculty members and research scholars from Dr. MGR Educational and Research Institute. A total of 13 speakers presented their papers in round two. Round three was an open session for the participants from outside Dr. MGR Educational and Research Institute to present their papers and share feedback. Many positive feedbacks were shared by faculty members about the event and its organizers.

The event was moderated by Dr. L. Ramesh – Dean EPA. The program closed with a formal vote of thanks by Dr. D. Usha, Coordinator of Alan Turing Journal Club, Associate Professor – Department of CSE. Ms. Niranjana, French Lecturer, Faculty of Hotel Management, and a member of Dr. Chef Manjit Gill Journal Club was the compere for the event.



EVENT OUTCOME

600 Professional members learned the COVID 19 impacted research studies of 30 indexed articles.

Multidisciplinary Research outcome created awareness with 5K young community through social media.

60 organizations participated in the event







EVENT ORGANISERS LIST

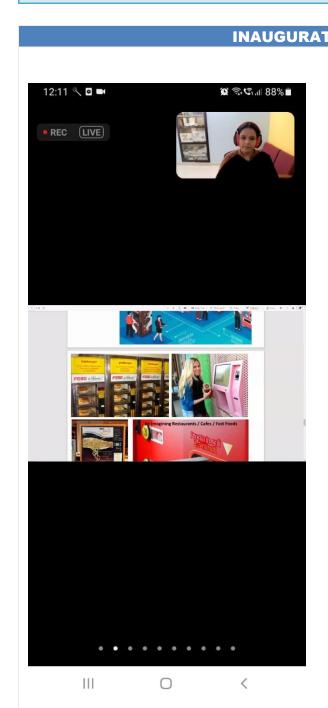
Dr E Kavitha (CVRJC), Er A Devi (CVR JC), Mr D Janakiraman (MAGIC), Mr PRajkumar (MAA), Mr Prasanna JC Coordinators - Dr.S.Sonia, Dr.S.Chellammal, Mr.D.Ramakrishna, Dr.K.Sujatha, Dr.DahliaSam, Dr.D.Jayanthi, Dr.Yuvarani.G, Mrs.Mazhil Punita, S.Madhavan, S.Gejalakshmi, Dr. G. Bhavani, Dr.C.Andal, Dr.M.Radhikaashree, Dr.P.SenthamizhPavai, Dr.R.Lavanya, Ms.N.M.Vaishnave, Dr.R.Kesavan, Dr.NirmalaSugirthaRajini, ANGEL.P, Sandhya.A, Dr.T.V.Ananthan, Dr.SurekaVaralakshmi.V, Dr.K.S.Thivya, Dr.M.Chandran, Dr.P.Ezhilarasi, Dr.P.Muthukumar, Dr.N.Tamilselvi.

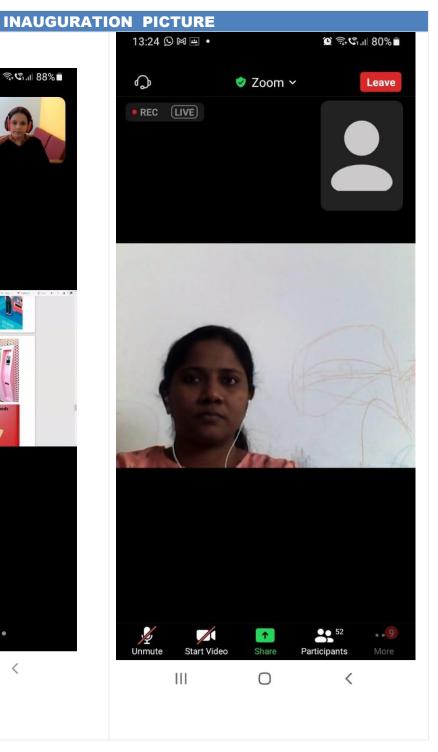


DAY: 08 DATE: 21/06/2021 SESSION: FN

EVENT TITLE: POST PANDEMIC ARCHITECTURE CHALLENGES SEMINAR

ORGANISER: FACULTY OF ARCHITECTURE (FOA) AND MAGIC ASSOCIATION







EVENT SUMMARY

Faculty of Architecture, Dr.M.G.R Educational and Research Institute takes privilege of inviting you for a Webinar on POST PANDEMIC ARCHITECTURE CHALLENGES SEMINAR. As a part of 21 day program COWINWEWIN initiated by Magic Association of Dr.M.G.R Educational and Research Institute

Speaker's topics

GUEST SPEAKER: AR. UTHRA M K PRINCIPAL ARCHITECT UNISPACE – suggestion on pandemic sensitive design solutions

AR.SIMI MAM - Cargotecture and Pandemic Responsive Hubs

AR.DEEPIGA MAM - Spectrum of Spatial manifestations in homes during a pandemic

Time: 11:30AM - 12:30PM IST

Date: 21th June, 2021 (Monday)

Platform: Zoom meet

POST PANDEMIC ARCHITECTURE CHALLENGES SEMINAR

In this new form of living, we are forced to change many habits, including being isolated at home, spending hours to disinfect our homes and reducing the social and physical contacts to a minimum. But we are social animals, and we need to communicate with our fellow creatures. We can see, in the Italian cities, some people go to the terrace for dancing or playing music. In Tehran, during the night, people pass the time behind the windows or in terraces for communicating with each other by turning on the lights and playing loud music. The fact is that we need to maintain a certain level of our social life, physical activity, work, and to have a good time, in a new way.

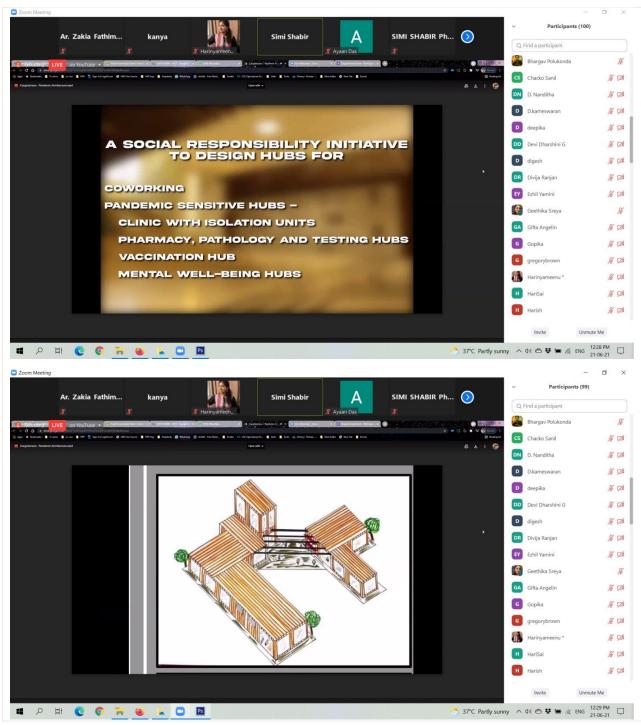
In case the current situation persists for a long time, how should be the settlements of the future? How will people react to such an insecure world? What impact will these changes have on the public spaces such as, streets, squares, shopping malls, cinemas, museums and on their external appearance? How would be the dwellings of the future? What will be the function and the shape of windows, terraces, balconies, ... as the only means of possible real communication with the outside world and people.



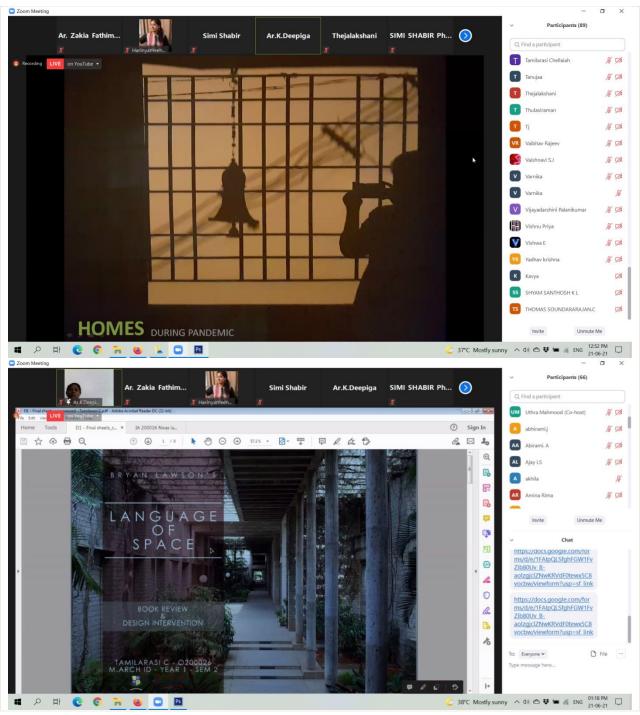
We need to Imagine any new feasible solutions for dwellings which was most discussed as new design challenges for the post pandemic world



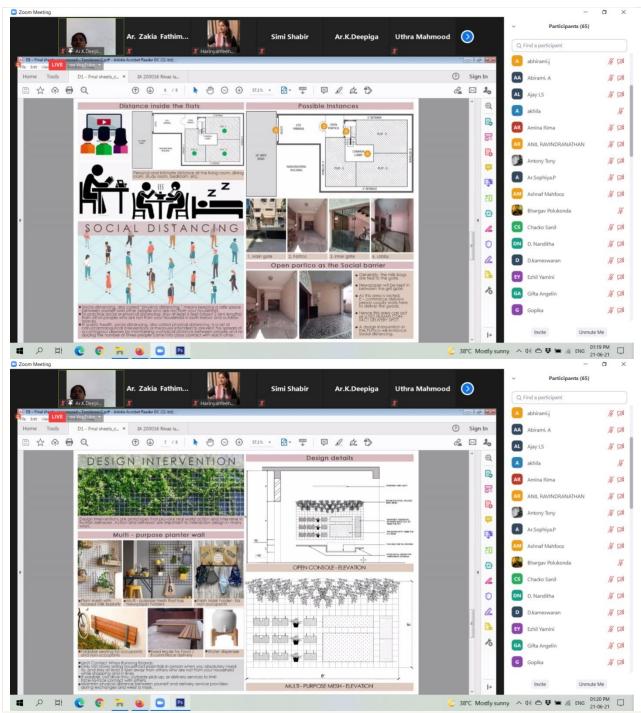




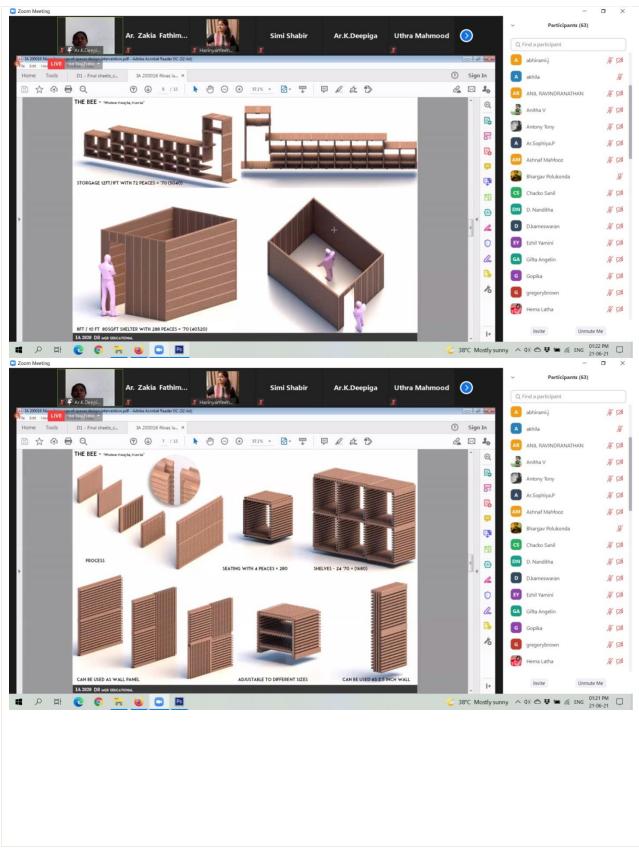






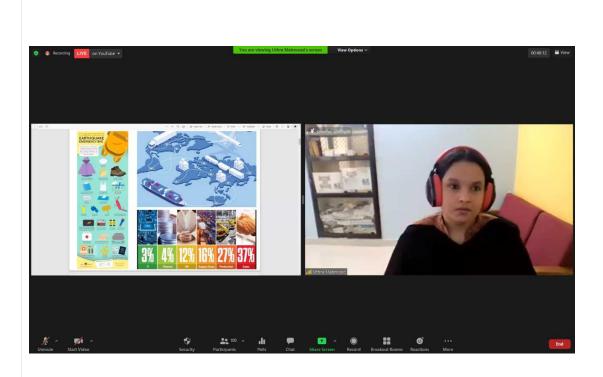


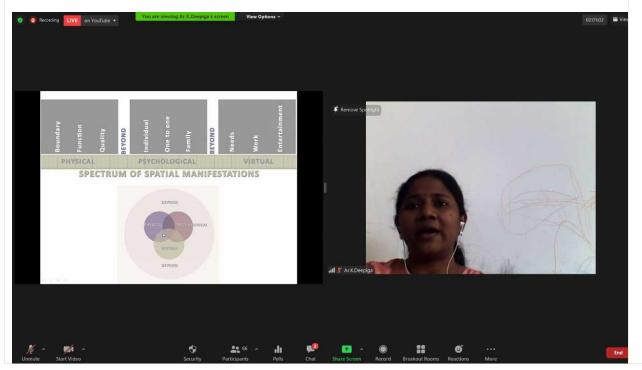




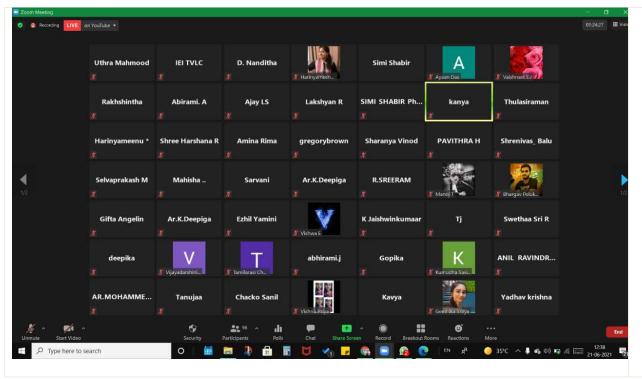


SPEAKER & PARTICIPANTS PICTURE





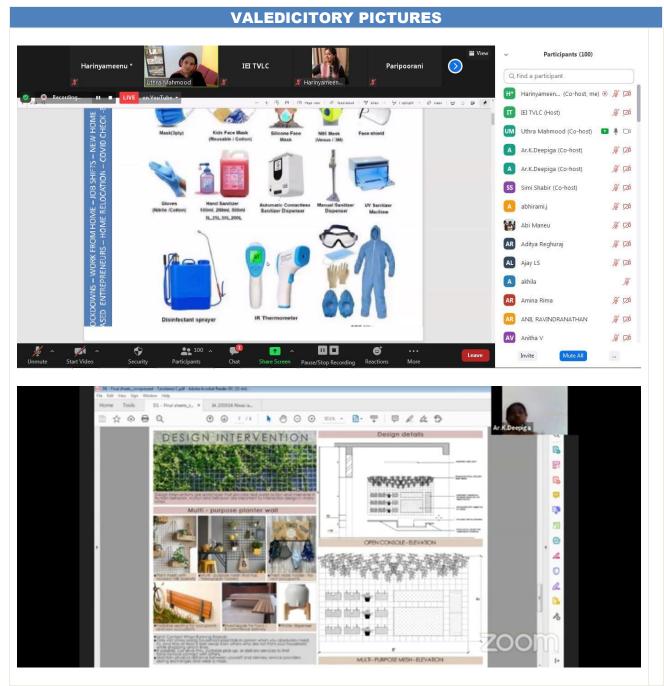




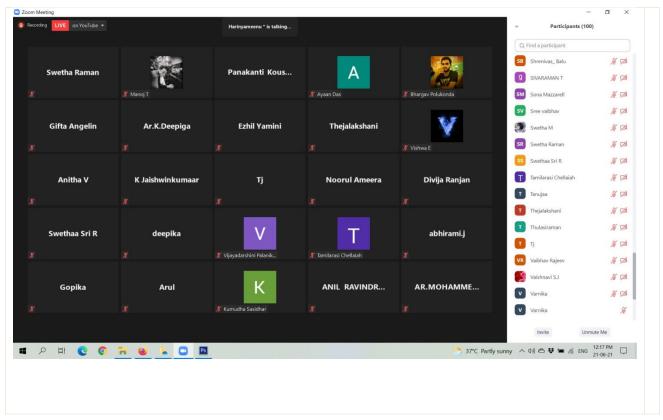
EVENT OUTCOME

Event was a great successful event there were more than 100 participants and many were seeing it in the youtube live this event your have informative on post pandemic architectural solutions is the need of the todays situation .









EVENT ORGANISERS LIST

DEAN SWETHA MADHUSUDHANAN,
HOD RADHIKA ,
ASST HOD TUSKEEN ,
DEPT EVENTS CONVENOR ASSISTANT PROFESSOR - HARINYA MEENU A



DAY :08 DATE :21/06/2021 SESSION: FN @ 10:30am SESSION: AN @ 2:00pm

EVENT TITLE: PanelDiscussion - COVID19 Stress Management and Mental Health

ORGANISER: STEM - E&T I year Association

WELCOME &KEY NOTE ADDRESS





EVENT SUMMARY

We are aware of intense COVID-19 transmission and its crisis that prevails in India. It is high time to evoke awareness and disseminate positivity among the people to eradicate Covid19. Heading towards societal accountability, Dr MGR Educational and Research Institute will be marching about a mission entitled MGR COVID-19 "COWINWEWIN", a continuous 21day program (Jun 14th to July 4th, 2021) involving 33 departments scheduled to present 41 innovative events to uphold COVID 19 awareness and precautions among the public.

A feather added to the crowning glory of MGR Covid- 19 COWINWEWIN-a massive awareness mission on its **Day - 8 (21-6-2021) by E &T First year**. The salutations to the prudential gathering were addressed by Prof. Dr. N.S. Shubhashree Dean (E&S). Prof. Dr. P. Udaya Kala Dean (Chem) specified the imperative role of pandemic pastimes in easing the hassle, in her keynote address.

Session 1: 10:30 am

Title: "Stress management and Mental Health during pandemic"

The rudiments of mind and the accountability of being self during challenging times were enunciated by our **eminent speaker**, **Ms. A. Madhura**, **Child Psychologist** in the FN session. She also charted the mindfulness technique and the healthy routine to dwindle the stress level.



The imperative role of emotional connotation with friends and families were added as a tipping point in the session. The session. The grateful day was acknowledged with vote of thanks by Ms. B. Swapna/ECE. The session was anchored by Dr. Preetha& Dr. Latha.B& hosted by Mr. S. Saravanan and Mr. R. Balaji of Mech department.

Session 2: 02:00 pm

Title: Panel Discussion on "Covid Analysis – Decoding the 3rd wave and the importance of mental health"

The second session was at 2.00 PM where Dr. N. S. Shubhashree, Dean(E&S) welcomed the gathering and stressed on the importance of the session during such difficult times. The session had two experienced doctors as panel members **Dr. Nithin Kumar, Senior Neurologist**, Fortis Hospitals, Bangalore and **Dr. Kumar P.S., Orthopaedic surgeon** from St. Joseph's Hospital, Mysuru. Dr. Nirmala Krishnan was the panel moderator. During the panel discussion participants asked various questions related to Vaccination, Different strains of Viruses and about the alarming problem Mucor mycosis. The session stringed up with numerous questions and the experts answered each question. The session also gave an Insight about COVID 3rd Wave and the precautionary measures that will have to be taken.

In a nutshell, both the sessions were thought provoking that dealt with Mental Health, COVID Analysis and Decoding the third Wave. The session was anchored by Ms. Hemasundari/ECE dept. and hosted by Mr. Saravanan & R. Balaji (Mech). The vote of thanks was delivered by Dr. Hemalatha/CSE. The tethering of appreciation words and questions that stacked up the chatbox marked the success of the Program.

The kindled minds were illuminated by curated solutions from the experts, solemnizing the success of the awareness campaign.

We thank our President sir for being a beam of beacon to all our endeavor.



SPEAKERS



Ms. A. Madhura, Child Psychologist, Chennai

Dr. Nithin Kumar, Senior Neurologist, Fortis Hospitals, Bangalore.



Dr. Kumar P.S., Orthopaedic surgeon St. Joseph's Hospital, Mysuru.



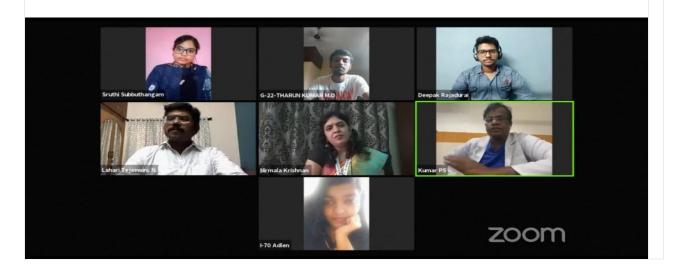
EVENT OUTCOME

There were around 1100 registrations across the country for the event. The event posters were publicised through various societal portals like facebook, Insta and whatsapp to reach more public.

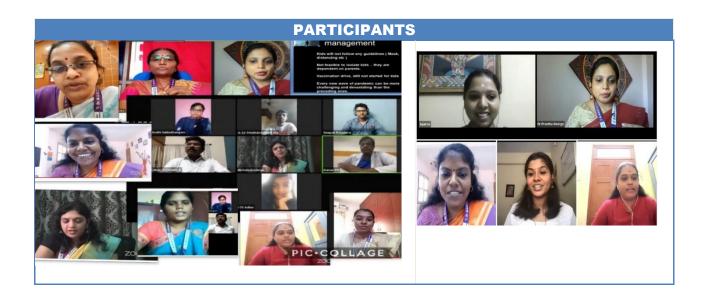
The session brought the tips and ground techniques to beat off the pandemic fatigue. During the panel discussion participants asked various questions related to Vaccination, Different strains of Viruses and about the alarming problem Mucor mycosis. The event was viewed by 450 participants in ZOOMand 2600 participants via You Tube across the globe.

The kindled minds were illuminated by curated solutions from the experts, solemnizing the success of the awareness campaign.

PANEL DISCUSSION







EVENT ORGANISERS LIST

Dr. N.S. Shubhashree Dean(E&S), Dr. B. Latha (Phy), Dr. P.Sona (Math), Dr. Preetha (Phy), Dr. Nirmala Krishnan (Chem), Ms. Aparna (Chem), Ms. R. Aruna (Math), Ms. B. Swapna (ECE), Ms. Hemasundari(ECE), Mr.S. Saravanan(Mech), R. Balaji (Mech), Dr. Hemalatha(CSE).

NeelarapuTejaswini (CSE/ I yrB.Tech), Tharun Kumar M.D (Chemical/I yrB.Tech), Adlen.X.R. (BME / I yr B. Tech), Deepak Rajadurai (CSE / I Yr B. Tech), Sri Siva Sruthika.St (BT /I Yr B. Tech)



DAY: 09 **DATE**: 22/06/2021 **SESSION**: FN

EVENT TITLE: Wonder Tools to Fight Against Covid -19

ORGANISER: Department of English

INAUGURATION PICTURE





EVENT SUMMARY

The Department of English with tremendous gratification would like to share the report of the great missionary event MGR Covid-19 COWINWEWIN an initiative for 21days with 33 departments of 41events to win Covid-19.

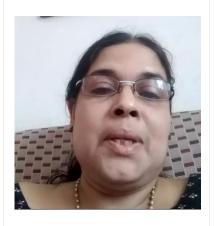
Panel Discussion on Wonder Tools to Fight Against Covid -19 (on 22nd June 2021) was conducted through Zoom and was streamed in YouTube Channel. The Event was organized under the leadership of Dr.M.Chandrasena Rajeswaran (HOD) by Dr. J. Revathy (Assistant Professor) and Ms. N. Saranya (Assistant Professor). The program was hosted by Ms.N.Saranya. The program started with the delivery of welcome address by Dr.M.Chandrasena Rajeswaran, Head of the Department. Our charismatic Joint Registrar H&S, Dr Malini Pande delivered Special Address. A brief introduction about the guests was given by Dr. J. Revathy (Assistant Professor). Dr.Mary Thomas (Dean) acted as a moderator of the event. Guest speakers for the Event were *Dr.Dhanasekhar Kesavalu* (Pediatric Gastroenterologist, Apollo Children's Hospital& Voluntary Health Services, and Chennai) and

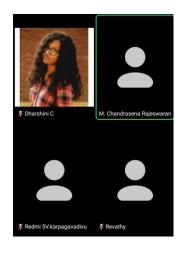


Ms.N.G.Sri Devi (Manager, State Bank of India, Chennai). Dr.Dhanasekhar gave a deep insight on safety measures and wonder tools to handle COVID 19 situations. Types of Vaccinations and different COVID protocols were discussed by the eminent speaker. Then Ms.N.G.Sri Devi focused on the wonder tools used in banking sectors. She gave an insight into internet banking and other mobile apps to avoid unnecessary visits to banks. Dharshini (I M.A student) talked on the psyche of students during the pandemic and also about different ways to overcome the traumatic situation. The program was concluded with Vote of Thanks by Dr. V.Karpagavadivu (Deputy HOD).









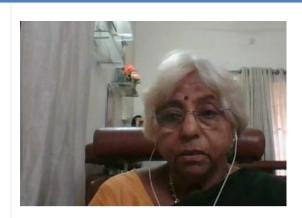


EVENT OUTCOME

The Panel discussion helped to the participants to get interacted with people from different fields (i.e.) a Doctor, a Bank employee and a Student. The wonder tools shared by them will greatly help to safeguard them in several ways. Nearly 70 participants connected through Zoom and 92 viewers connected via You Tube live on particular day.

VALEDICITORY PICTURES





EVENT ORGANISERS LIST

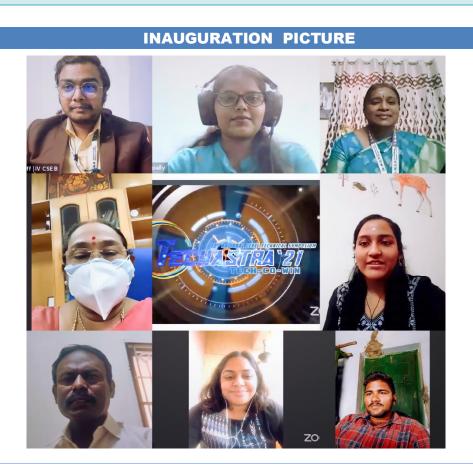
Dr.M.Chandrasena Rajeswaran (HoD), Dr.V.Karpagavadivu (Deputy HoD), Ms.K.Priyatharsini (Event Convener), Dr.J.Revathy (Assistant Professor), Ms.N.Saranya (Assistant Professor).



DAY: 09&10 DATE: 22/06/2021&23/06/2021 SESSION: FN&AN

EVENT TITLE:Techastra'21 "TECH-CO-WIN"

ORGANISER: Association of Computing Engineers



EVENT SUMMARY

The *Inauguration* of Techastra'21 started with the TamizhThaaiVaazhthu. Followed by the which welcome address was delivered by Guntupally Shalini, Student Coordinator. Dr.S.Geetha Head of the CSE department spoke about techastra'21 to the audience and Dr.S.Geethalakshmi Vice Chancellor gave an introductory address, followed by the presentation of the theme video of Techastra'21. Up next Srinidhi.S, Student Coordinator gave an elaborate note about Techastra'21. Followed by the Special address by Dr.V.Cyril Raj, Joint registrar. Kiran Prasath, Student Coordinator delivered the chief guest introduction. Ms.G.Savitha Priyadarshini, chief guest and also our alumni gave the inauguration address. Followed by the Vote of Thanks by Lokesh Bora, Student Coordinator.



EVENT 1:Aware-O-Covid PICTURE





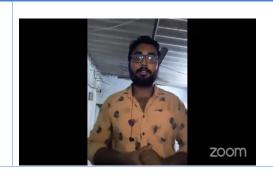




EVENT SUMMARY

In Aware-o-Covid we asked the participants to make an Awareness Video on Covid-19 the responses were overwhelming but due to this pandemic not all of them were able to make a video but still we got very informative and mindful videos from 6 participants.Dr.Jeevalatha mam head of VISCOM Department honoured our event by being our judge .The judge gave her inspirational thought provoking ideas and her views over the topic and suggestions to improve the standards of the videos. The event became a great success and the winners were rewarded for their success.







EVENT 2: Rebuttal Rebels PICTURE



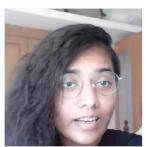


EVENT SUMMARY

In Rebuttal Rebels, there were participants from various colleges who enlightened us with their presence and performance. They presented their debate over the topic Covid19. The judge Mrs.Thangam Kannan, Assistant Professor of Department of English gave thought provoking ideas and her views over the topic. The event became a great success and the winners were rewarded for their success.













EVENT 3:DATA ANALYTICS FOR COVID MANAGEMENTPICTURE





EVENT SUMMARY

The Session was on Data Analytics for Covid Management. The Welcome Address was given by Dr. R. ShobaRani, Assistant Professor. The Speaker introduction was given by Dr.D.Usha, Assistant Professor. Then the Session was handed over to the Speaker Dr.Vallabha Devi, Lead Data Scientist, Tiger Analytics. The speaker Dr.Vallabha Devi started his session introducing the corona virus, growth analysis and discussed statistical analysis too. He has enlighten the views on vaccination and applications of it. Overall the session was very helpful and useful for everyone.













EVENT 4: HACKCOVFEST PICTURE





EVENT SUMMARY

In Hackcovfest we asked participants to make project present event about the ongoing pandemic situation COVID-19. The participants presented their project through Power point presentation, Short Video and Demo's. The Judge Mr.Ethiraj, Additional HOD of Mechanical Department gave the suggestions to the participants and appreciated them. The judge thanked everyone for participating in the event. The event became a great success and the winners were rewarded for their success.

The Department of Computer Science and Engineering consider it as a great honor to thank our HOD Dr. S. Geetha Mam, our Judge Mr.Ethiraj and all the Staff and Student Coordinator for their great support for the success of the event





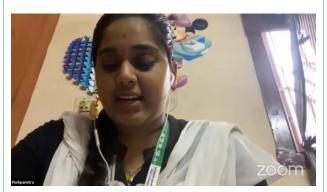








EVENT 5:PITCHER PRESENT PICTURE





EVENT SUMMARY

In the Pitcher Present event we asked the participants to make an Animated PPT on Covid - 19. We got more presentations than we expected and we finalized 10 presentations. Mrs. U. Jayalakshmi Mam, Head of ECE Department honoured our event by being our judge. The Judge gave her suggestions for each of the participants and she appreciated everyone for their effort. The event was a Great success and the winners were announced by the Judge.

The Department of Computer Science and Engineering consider it as a great honor to thank our HOD Dr.S.Geetha Mam, Our Judge Mrs. U. Jayalakshmi Mam and all the stuff and students coordinators for their great support for the success of the event.













VALEDICTORY PICTURE



VALEDICTORY SUMMARY

The Valedictory of Techestra'21 started with the Welcome Address by Ashish Rajan, Student Coordinator. Dr. L. Ramesh, Dean EPA gave an special address. Followed by chief guest introduction which was delivered by Ch.Ranga Reddy, Student Coordinator. Mr. Ashish kumar Jha, chief guest and also our alumni gave the valedictory address. Followed by the Report on Techastra'21 by Srinidhi.S, Student Coordinator.Dr.S.Geetha Head of CSE Department address the gathering. Followed by Vote of Thanks by Pushpamitra.P, Student Coordinator. Finally, with National Anthem the valedictory end.

EVENT OUTCOME

Department of Computer Science and Engineering with the Association of Computer Engineers organized, 12th National Level Technical Symposium Techastra21 "Tech-co-Win" on June 22nd and 23rd 2021. Techstra'21 was themed as Tech-co-win, to spread positivity through technology and to spread awareness between the audience and the participants. There were



about 5 events on total in which the department of CSE decided to put up on. On where the First two event held on the first day of Techastra'21 which is; Aware-O-Covid and Rebuttal Rebels. Followed by the next three events which is; Webinar, Hackcovest and Pitcher Presentation on the second day.

There were about 250 and more audience who took part in every other event. Also, we received hundreds of registrations from students of different colleges, from various states and cities throughout India. From the registered students, there were about various number of participants who took part in the event and won cash rewards, excellence certificates and participation certificates.

Techastra'21 which was themed as Tech-co-win, on which participants prepared on each event was very helpful in creating awareness. Every other participant showcased their unique talent through different sorts of information and knowledge that shared between every other. As the main motive of organizing Techatra'21 is to spread vast information, knowledge, creative and unique thoughts to overcome the pandemic.

As planned, the participants and the speakers of every event, tried to spread every piece of knowledge that they had which was indeed a success. On every other event participant shared every bit of information that could possibly create an awareness between the audience through online. The awareness created and spread in between the audience of the events will also create and spread the same between outsiders.

From Techastra'21 everyone including the organizers, judges, speakers, audience, participants have got to know so much about the pandemic. Where also the other people throughout the world who have watched the livestream of Techastra'21 through YouTube should have also gained few sorts of information about the pandemic.

As already mentioned, the motive of Techastra'21 which was themed as Tech-co-Win, to spread positivity through technology and to create awareness and spread the same between people who took part in every single space of the events. Since the main motive of the event was executed on the correct track, Techastra'21 is a grand success.



EVENT ORGANISERS LIST

Dr. S.GEETHA

Mr. P.DINESH KUMAR

Dr. G.VICTO SUDHA GEORGE

Mr. S.PRAVEEN KUMAR

Dr. D.USHA

Mrs. INDUMATHI.U

Ms. PRIYANKA.G

Ms. SATHYA.S

Mrs. JAYANTHI.K

GUNTUPALLY SHALINI CHOWDARY, 4th year, CSE, A Sec

S.SRINIDHI, 3rd year, CSE, C Sec

LOKESH BORRA, 4th year, CSE, A Sec

A.KIRAN PRASATH, 3rd year, ISDF

MATTHEW AJAY LAZAR M, 4th year, CSE, B Sec

ASHISH RANJAN, 3rd year, CSE, A Sec

L.MARISH, 2nd year, CSE, B Sec

A.SOMASUNDARAM, 2nd year, ISDF

K.APOORVA, 2nd year, CSE, A Sec

LIKITHA AVULA, 2nd year, CSE, A Sec

CHAPARAPU RANGA REDDY, 3rd year, CSE, A Sec

DEVIKA KOTECHA, 3rd year, CSE, A Sec

TANUSHA.S, 2nd year, CSE, D Sec

SREEHARI.T, 2nd year, CSE, D Sec

PUSHPAMITRA.P , 2nd year, CSE, C Sec NITHIN KUMAR.N, 2nd year, CSE, C Sec

MD ABRAR SHARIFF, 4th year, CSE, B Sec

P.S. NIROOP, 3rd year, CSE, B Sec

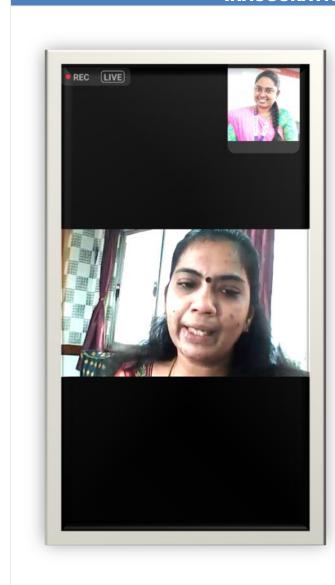


DAY: 10 DATE: 23/06/2021 SESSION: FN

EVENT TITLE: WHY BEING PESSIMIST WHEN THERE ARE 11 REASONS TO STAY OPTIMISTIC!!

ORGANISER: FACULTY OF ALLIED HEALTH SCIENCES

INAUGURATION PICTURE





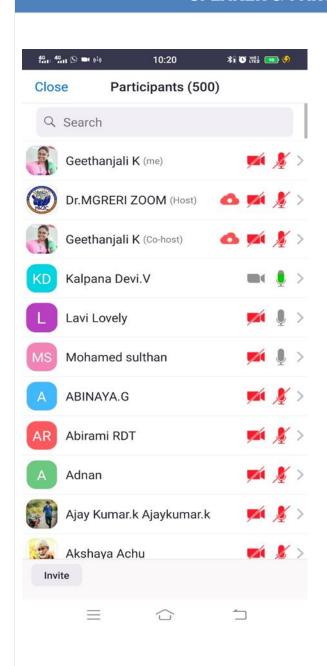


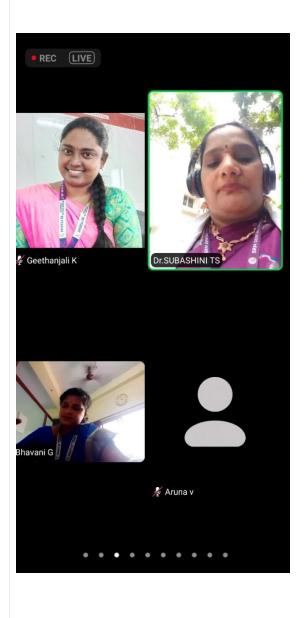
EVENT SUMMARY

As a part of 21 day program COWINWEWIN initiated by Magic Association of Dr.M.G.R Educational and Research Institute, Chennai, Faculty of Allied Health Sciences organized Day 10 event of this series titled awareness program on "WHY BEING PESSIMIST WHEN THERE ARE 11 REASONS TO STAY OPTIMISTIC" on 23rd June 2021 at 10.00 am. The Event started with the Welcome address by Principal Dr.V. Kalpana Devi Faculty of Allied Health Sciences, who formally welcomed the speaker and participants. The speaker was introduced by Dr. Sridevi Sangeetha, Assistant Professor, Faculty of Allied Health Sciences. The Guest speaker, Dr. T.S. Subhashini, Senior Lecturer, Dept. of Pharmacology, SRM Dental College Ramapuram, gave a valuable talk on how to stay optimistic during this COVID 19 Pandemic, followed by 11 students from faculty of Allied Health Sciences Presented the video on 11 reasons to stay optimistic during this COVID 19 Pandemic, the programme concluded with vote of thanks delivered by Vice Principal Dr.G. Bhavani Assistant Professor, Faculty of Allied Health Sciences. Later, the feedback link was posted in the chat box to the participants for receiving E-certificate.

We thank our Beloved President Sir, our Beloved Secretary Sir, and Vice-Chancellor madam for their constant support, guidance, and providing us the right platform for all our ventures. Special thanks to Dean EPA, Dr.Ramesh and his team members.









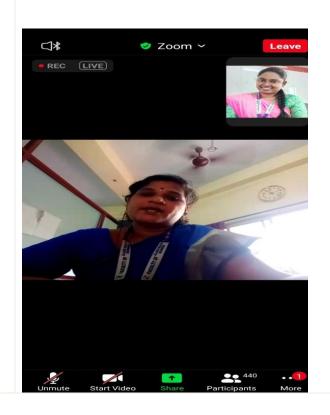
EVENT OUTCOME

11 students from faculty of Allied Health Sciences Presented the video on 11 reasons to stay optimistic during this COVID 19 Pandemic, the programme concluded with vote of thanks delivered by Vice Principal Dr.G. Bhavani Assistant Professor, Faculty of Allied Health Sciences. Later, the feedback link was posted in the chat box to the participants for receiving E-certificate.

We Thank our Beloved President Sir, our Beloved Secretary Sir, and Vice-Chancellor madam for their constant support, guidance, and providing us the right platform for all our ventures. Special thanks to Dean EPA, Dr.Ramesh and his team members.

VALEDICITORY PICTURES







EVENT ORGANISERS LIST

- 1. MS. GEETHANJALI. K
- 2. DR. SENTHIL KUMAR.T
- 3. DR.LAKSHMAN RAJ RAJA
- 4. DR.SRIDEVI SANGEETHA



DAY: 11 DATE: 24/06/2021 SESSION: FN

EVENT TITLE: COVID'19 ECONOMIC CRISIS & SOLUTIONS - PANEL DISCUSSION

ORGANISER: DEPARTMENT OF COMMERCE

DEPT- GLIMPSE VIDEO SCREENSHOT





EVENT SUMMARY

Event proceedings

Event Inaugural started with the welcome note, followed by Dept Glimpse video prepared by Mr. Saravana. The Key note address was given by Head of the department Dr.C.B. SENTHILKUMAR, Mr. NARAYANA BABU Founder, CENTWIN Academy was Moderator for panel Discussion and 3 Panel members to discuss on the topic covid 19 Economic crisis and solutions. Panel members had a heated discussion on major industries crises and the new changes to be adopted to overcome covid-19. The discussion held in 3 rounds, first round on the crises, second round on solutions each half an hour, third round questions from audience to the panel members and finally the concluded the session.

(Round 1- COVID'19 Economic Crisis)

Cs. G USHA Practicing Company Secretary started with common people in how they are affected financially and what are the major financial crisis that is faced in Industrial sector MSME. The ways in which the IT sectors adopting, Work from home makes IT to survive better in covid and cost saving, new tech supporters that made highlighted in covid (i.e.) DUNZO, LYNK. Frontline helpers like pharmaceutical and BANKS further they going to face with Bad debts

CA.K. VIJAYAKIRTHI Chartered accountant and Cost accountant started up with monetary policy in covid crisis, international trade crisis in covid he revealed that how we became deglobalized economy import & export major disaster in covid for India in major export of GEMS import of OIL and statistical throw of decrease in trade. Monetary policy- we have high rate of food supply in agriculture sector & foreign exchange have increased

Dr.K.SELVASUNDARAM, ASSOCIATE PROFESSOR AND HEAD DEPARTMENT OF COMMERCE,(CS & AF) covid crisis in unorganized sector are worst affected in this pandemic i.e. construction, Migrant workers, street vendor, hand loom, transport so., on came up with word bank recorded pre lock down-6.14 unemployed ,post lock down 61.9% - unemployed 83% construction sector unemployed, 77%-unemployed in manufacturing sector 79%- service 3/4 facing stress in unemployed they are not coming under recognition so they lack of awareness in savings and insurance Ngo's and pvt, govt organization coming up with food and medicine which is highly necessary for unorganized workers.



(Round-2 solution for crisis)

Cs. G USHA Practicing Company Secretary Change is something inevitable, every sector Should come up with solutions production linked incentives for MSME, additional sales for industries, interest investment scheme, guaranteed credit lined scheme as loans for temporary solutions. Must learn to adapt one to situation, risk management plan for small scale also highly advisable, alternative sources are need to be planned

CA.K. VIJAYAKIRTHI Chartered accountant and Cost accountant Innovation is a major role in finding solution liquidity stands by RBI- Rs 50,000 crore term liquidity facility mainly for emergency sector i.e., patent for health sector till march 2022 with equal to repo rate, contact industries sector like aviation, hotels and so on, Rs 50,000 crore to revive the sector open till march 2022. There is high scope for agriculture due to pandemic since we are not ready to go with import from China. Ended up with individuals with determination and perseverance can change the situation

Dr.K. SELVASUNDARAM, ASSOCIATE PROFESSOR AND HEAD DEPARTMENT OF COMMERCE, (CS & AF) Must have association for unorganized, PDS public distribution system will help people much Mahatma Gandhi rural employment guarantee scheme providing livelihood for unorganized sector, resident welfare association, native welfare association, subsidies & savings is major factor to come out with this pandemic crisis

Round -3 Questions session from participants:

- 1. Economic benefits for daily wages people
- 2. Right time to sell the Fixed assets- capital appreciation is not given for individuals
- 3. Hike in rise of petrol is right decision in this situation
- 4. CM has appointed economic advisory council to advise him in financial basis 1. Esther Duflo 2. Raghuram Rajan 3. Arvind Subramanian so what will be the impact will the state face after this pandemic situation. The question session was more interactive with the audience, Moderator has concluded the session as every crisis also presents an opportunity, the prevalence of inequality in Indian economy, the implementation of a fiscal stimulus across sectors will not only lift the economy but also address some of the existing distortions in in income and wealth distribution.



SPEAKERS PICTURE



EVENT OUTCOME

It's very easy to defeat someone but it's very hard to win someone we are here to win covid department of commerce on day 11 came with assured solutions to win covid Economically the panel Discussion on the theme Covid 19 – Economic crises and Solutions was most thought proving and insightful in discussing the major crises.

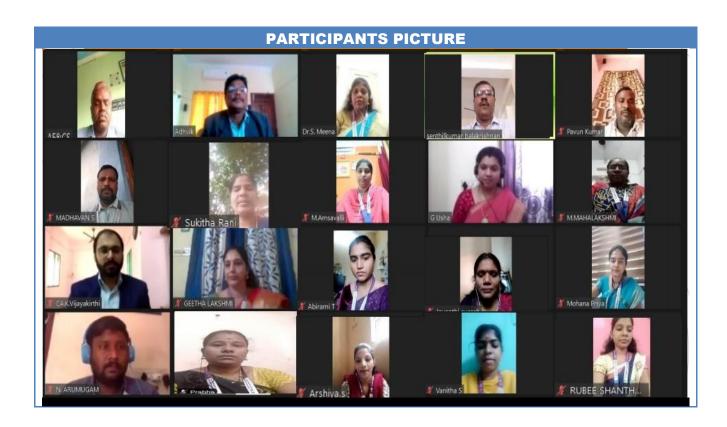
In Industries - interest investment scheme, guaranteed credit lined scheme as loans for temporary solutions, international trade, and in unorganized sector,

International trade crisis - solution liquidity stands by RBI- Rs 50,000 crore term liquidity facility mainly for emergency sector i.e., patent for health sector till march 2022 with equal to repo rate

Unorganized sector- resident welfare association, native welfare association, subsidies & savings is major factor to come out with this pandemic crisis

The views from the eminent panels, each members expressed their diverse perspectives about an issue. The session was educative to the audience in predicting the future of industries in overcoming the crises and also spark the audience curiosity as many questions posed as win over the covid. No of registration -1500, No of feedback received 850 This discussion made live with 483 participants in zoom and 500+ participants in YouTube live various international participants also graced our discussion resounding success.





EVENT ORGANISERS LIST

EVENT PLANNER-HEAD	Prof. Dr.C.B. SENTHILKUMAR
EVENT ORGANIZERS	Dr.S. MEENA
	Ms.V.J. MOHANA PRIYA
HOST	Dr.S. MEENA
MODERATOR	Mr. NARAYANA BABU Founder, CENTWIN Academy
PANEL MEMBERS	Cs. G USHA,
	CA.K. VIJAYAKIRTHI,
	Dr.K. SELVASUNDARAM
GUEST INTRODUCTION	Ms. GEETHALAKSHMI
VOTE OF THANKS	Ms. MAHALAKSHMI
TECHNICAL SUPPORT	Mr. ARUMUGAM
	Mr. PAVUN KUMAR
	Mr. JANAKIRAMAN- MAGIC ASSOCIATION
DEPT GLIMPSE VIDEO/ INVITATION	Mr. SARAVANA
	Ms. A. GEETHA



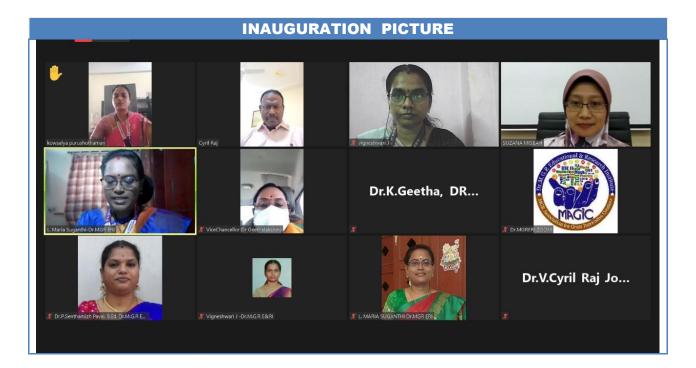
DAY: 11 DATE: 24/06/2021 SESSION: AN

EVENT TITLE: Session 1 (2.00pm-3.00pm): How are we coping so far?

Session 2(4.00pm -5.00pm): Sustainable living the way forward for earth's

sake

ORGANISER: Office of International Relations and Faculty of Education



EVENT SUMMARY

The Office of International Relations and Faculty of Education with enormous pleasure would like to share the report of the great missionary event MGR Covid-19 COWINWEWIN an initiative for 21days with 33 departments of 41events to win Covid-19.

As a part of this visionary mission of eleventh day addressed by Dr. SuzanaMisbah, Senior Lecture, Faculty of Science and Marine Environment, University of Malaya, Teraanganoon 'Covid-19: How are we coping so far? as a first session

SESSION - 1

She explained about the symptoms of covid-19 like fever, cough or a sore throat or



sneeze. In some individuals, they may have gastrointestinal symptoms. Others may lose the sense of smell or the sense of taste. She also insisted about precautionary measures such as:

- 1. Clean your hands often. Use soap and water, or an alcohol-based hand rub.
- 2. Maintain a safe distance from anyone who is coughing or sneezing.
- 3. Wear a mask when physical distancing is not possible.
- 4. Don't touch your eyes, nose or mouth.
- 5. Cover your nose and mouth with your bent elbow or a tissue when you cough or sneeze.
- 6. Stay home if you feel unwell.
- 7. If you have a fever, cough and difficulty breathing, seek medical attention.



EVENT ORGANISERS LIST

Organizing Chair Persons: Dr.R. Kowsalya, Dean, Office of International Relation and

Dr.K.Geetha, Principal, Faculty of Education

Coordinator: Mrs. J.Vigneshwari, Asst.prof, Faculty of Education **Co-coordinator:** Dr.P.SenthamizhPavai, Asst.prof, Faculty of Education

Registration, certificate

and Feedback:Mrs.L.MariaSuganthi, Asst.prof, Faculty of Education and Dr.V.Anuradha, Asst.prof, Faculty of Education

Number of registrations: 462

Number of attendees: 345

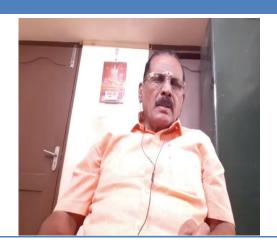


DAY: 12 DATE: 25/06/2021 SESSION: FN

EVENT TITLE: Boost your Mental Health during Pandemic Phenomena

ORGANISER: Faculty of Physical Education and Sports

INAUGURATION PICTURE





EVENT SUMMARY

The 12th day of 21 days COVINWEWIN program was conducted by the Faculty of Physical Education and Sports with the topic of Boost your Mental Health during Pandemic Phenomena. The virtual program was started by 10 am on 25th June 2021. It was inaugurated by our Respected Vice Chancellor Prof.Dr.S.Geethalakshmi with an inspiring inaugural address. Dr.S.Vairamani, Dean of Physical Education and Sports welcomed the gatherings. Ms.S.Sowmiya of our department introduced the speaker with his educational and professional achievements and credentials to the spectators.

Dr.C.Durai, Assistant Professor and Head (i/c), Department of Physical Education and Sports, Manonmaniam Sundarnar University, Tirunelveli, the resource person of the day, started his part of the program by his wisdom. He made everyone attentive and cleared about the importance of good Mental health with suitable examples and vivid sharing of explanatory power point slides and videos relevant to this pandemic scenario.

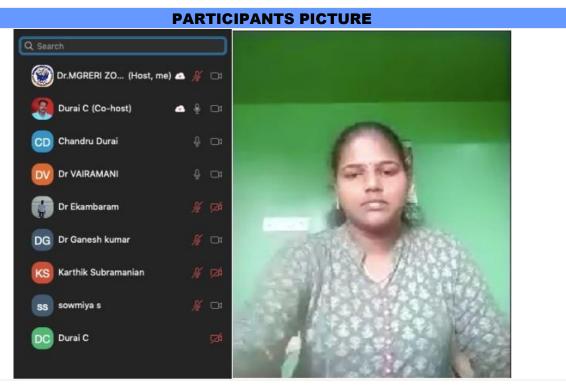
Dr.T.Ganesh Kumar, Assistant Professor of Physical Education and Sports proposed vote of Thanks as a final phase of the program.





EVENT OUTCOME

The resource person Dr.C.Durai impressed the viewers by his enchanting presentation. All the participants are acquired the knowledge exactly what they needed from the speaker. Many numbers of interest was received from the participants to attend the program and all are attended. A massive response and appreciation from the watchers. The program was conducted on MGR Zoom.





SPEAKER PICTURE





EVENT ORGANISERS LIST

Dr S. Vairamani (Dean), Mr D. Chandru (HoD), Dr M. Mahalingam (Dept. Event Convenor) and all the faculty members'.



DAY: 12 DATE: 25/06/2021 SESSION: AN

EVENT TITLE: FIGHT AGAINST COVID BY NATURAL O₂

ORGANISER: FACULTY OF PHYSICAL EDUCATION AND SPORTS

INAUGURATION PICTURE





EVENT SUMMARY

The second session of the 12th-day COVINWEWIN virtual program was conducted by the Faculty of Physical Education and Sports. "Fight against covid by natural O₂" was the topic of the day. The program was inaugurated by Dr. V Cyril Raj, Joint Registrar. He was sharing the impact of oxygen saturation on the victim of covid patients during the second wave of covid-19 in society as well as his personal life. Dr. S Vairamani, Dean of Physical Education and Sports has given a warm welcome. Mr. S Tubin Assistant Professor of Physical Education and Sports introduced the resource person to the crowd.

Dr. P Prabu Pandiyan, Assistant Sports Officer, IIT Bombay, Mumbai. Took over the session after the introduction, His lecture shows his clarity about the Physiology of Humans. He has explained exactly what happened inside the body when we were affected by covid and essential of oxygen during the covid. He taught some breathing exercises to consume more oxygen during this pandemic than normal. The session was informative.

Mr. T Bharathi, Assistant professor of Physical Education and Sports has concluded the session by proposing the vote of thanks.



SPEAKERS PICTURES





SPEAKERS PICTURES

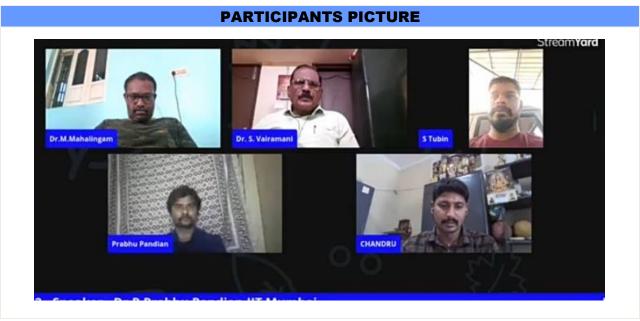


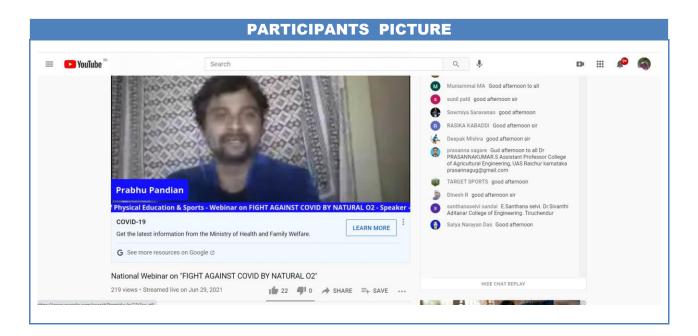


EVENT OUTCOME

Dr. P Prabhu Pandiyan the resource person nourished the knowledge to the viewer by his lecture. The participants have got the benefit of how to consume more oxygen by some breathing techniques taught by the Resource Person. The program was conducted on stream yard and the program was live relayed on YouTube. More than 200 participants have taken part.







EVENT ORGANISERS LIST

Dr S.Vairamani (Dean), Mr D.Chandru (HoD), Dr M.Mahalingam (Dept. Event Convenor) and all the Faculty members.



DAY: 12 DATE: 25/06/2021 SESSION: AN

EVENT TITLE: MGR ALUMNI CONCLAVE – 01 (COVID Challenges & Solutio for Academic, Industries and Entrepreneur)

ORGANISER: MAA Alumni Association



EVENT SUMMARY

The MGR ALUMNI CONCLAVE – 01 (COVID Challenges &Solutio for Academic, Industries and Entrepreneur) of MGRCOVID-19 COWINWEWIN, a massive event was held at MGR Zoom, on 25-6-2021 at 02:00 pm. The program began with saluting the dignified persons by Er. M.V.S. L Tejasri Mam, - Alumni Faculty Coordinator - Faculty of Information Technology. About MGR Alumni Association -Dr. L. Ramesh, Dean (EPA). The Felicitation of covid crisis and the societal change was underlined by Vice Chancellor, Dr. S. Geethalakshmi. The special Address, awareness and its way to serve the government was stated by Rector, Dr. D. Viswanathan in her felicitation address. About COWIN WEWIN & MGR Conclave – Er. P. Rajkumar- Alumni Officer.











EVENT OUTCOME

The execution of MAA ALUMNI CONCLAVE – 01 The Moderator of the session was Mr.DaneshKanagaraj, Director Acuity Venters. Followed by eight panelist in three domains in Academic, Industry, Entrepreuner and with good reach to the participants. The event poster reached above 490 members through digital promotion. Around 290 participants connected in MGR ZOOM abd 793 participants connected MGR MAGIC YouTube Channel.

The Event description

The Moderator of the session was Mr.DaneshKanagaraj, Director Acuity Venters. Followed by eight panelist in three domains in Academic, Industry, Entrepreuner,



In Academic the following panelists Prof. Dr. Tanupriya Choudhury, Prof, UPES, Mr.Balaji.K Associate Professor, Dr.Balasubramanianpanneerselvam, Principal, Rajarajeswari college of physiotherapy.

In Industry following panelist Alok Kumar Mishra, DNVGL Sr, Manager, Mr.Harikumarchidambram, ALNASR Contracting Abu Dhabi, C.Dinesh, Associate Manager and HR, Classic industries and Export Ltd.

In Entrepreneur, the following panelists are Dr.Pradeep Kumar Sundar Raj, CEO, SIMAR TERZ LAB PVT Ltd, Mr.K.J.Naveen Director ARIENT solution.

The event moderator supported the panelist to share the problems in session one.

In session, the various ways of solution for the problem are addressed in very precise manner. So that which initiated the young minds to go for question with full throttle.

The question and answer sessions alone prolonged for about one and half hours.

- 1. Question & Answer by Dr. K.Kaleswari- Alumni Faculty Coordinator Faculty of First Year.
- 2. Vote of thanks by Dr. J Manju Alumni Faculty Coordinator Faculty of Dental Surgery.









EVENT ORGANISERS LIST

Dr L. Ramesh (Dean EPA) ,Mr Rajkumar(MAA), Mr Bhuvanesh Prasanna (MAA), Mr Janakiraman (MAGIC) & all the MAA Association Coordinator.



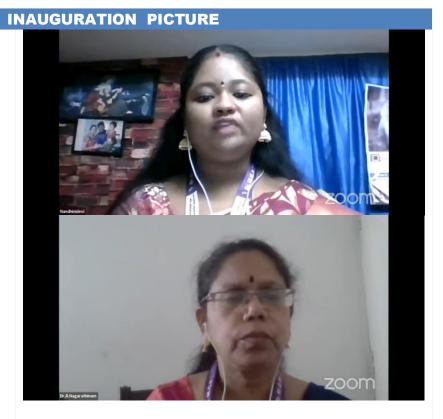
DAY: 13 DATE: 26/06/2021 SESSION: AN

EVENT TITLE: webinar on Improving Immunity through day to day activities of Day to day life.

ORGANISER:

Humanities and Science-Phase-II





EVENT SUMMARY

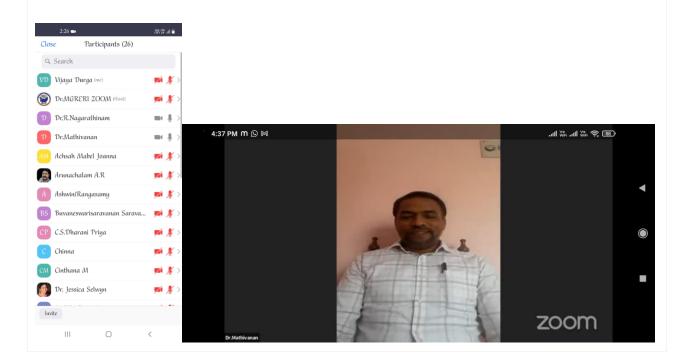
[4:32 PM, 6/26/2021] NagarathinamThirumurugan: The Faculty of Humanities and Science, Adayalampattu Phase II Campus through the Magic Association organised one day webinar on "IMPROVING IMMUNITY THROUGH DAY TO DAY ACTIVITIES OF LIFE" during the Day 13-26.06.2021 of the MGR COVID19 COWINWEWIN (21Days-33Depts-41Events to Win Covid). Event was beautifully moderated by *Ms. Nandinidevi, AP/ Maths.

The session was started at 2.30 pm with an welcome address given by Dr.R.Nagarathinam, HOD (i/c), Department of Mathematics. Deputy Dean Acadamic Dr.AR. Arunachalam gave a

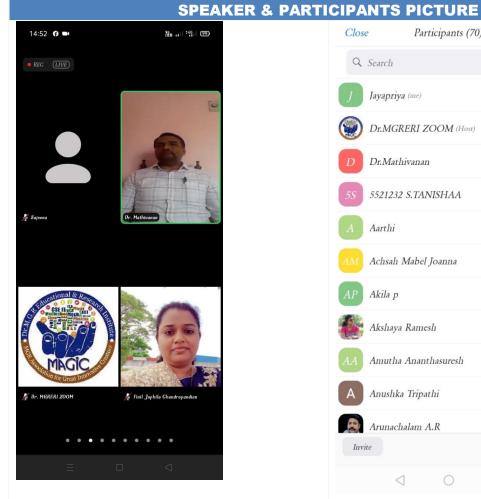


wonderful Felicitation address. Ms.A.ViolaAP has introduced the chief guest to the audience. The chief guest Dr.P.Mathivanan,HOD,Sairam Ayurveda Medical College, Tambaram has delivered and demonstrated the session in beautiful manner with proper explanations. Vote of thanks was delivered by Mrs.C.FinilJophila. 100 participants has registered for this event through Google form and 230 through YOU TUBE live from nationwide were very happy about the affirmations which improved their self confidence and skills. I thank Dr..Harshini for her help in literary works.

On behalf of the Phase – II campus, we extend our heartfelt thanks to our Honourable President Er.A.C.S. Arun Kumar Sir for granting us permission to organize this event. We extend our gratitude to Joint Registrar Dr. S. Ramalingam, Dean Dr. S. Manivannan and Deputy Deans both (Academic) Dr. A. R. Arunachalam and Prof. K. Senthil Kumar (Admin) of Phase II Campus for their enormous support in organizing this event on a grand scale. We would also like to thank Dr.L.Ramesh,Dean-EPA for providing us the opportunity to conduct this event. Special thanks to Mr. Janakiraman from Magic Team for hosting the show.









The chief guest Dr.P.Mathivanan,HOD,Sairam Ayurveda Medical College, Tambaram has delivered and demonstrated the session in beautiful manner with proper explanations. 100 participants has registered for this event through Google form and 230 through YOU TUBE live from nationwide were very happy about the affirmations which improved their self confidence and skills



EVENT ORGANISERS LIST

Dr.AR.Arunachalam, Deputy Dean Acadamic, Phase-II

-14:04 • Live

SHOW TO STUDY

Dr.R. Nagarathinam Association Convener, Assistant Professor, Department of Mathematics Phase-II



DAY: 13 | DATE: 26/06/2021 | SESSION: FN

EVENT TITLE: Hoping and Coping to beat corona virus

கொரோனாவை - "வெல்வோம்கொல்வோம்"

ORGANISER: Department of Cost and Management Accounting (CMA)

EVENTPICTURE





EVENT SUMMARY

Department of Cost and Management Accounting proudly presents you the happenings of continuous 20 days series on MGRCOVID-19 COWINWEWIN in which our department event falls on Day – 13, 26th June 2021 at 10.00 am. The program begins with introduction of the speaker Dr. L. Kanimozhi, B.S.M.S, Private Practitioner, Madurai by Dr. A. Anuradha, Head of the Department.In this event we discussed about Covid 19 awareness and situation across the country and how to get protected from upcoming third wave and various standard precautions. The speaker explained about Siddha medicine which can cure corona virus and various tips were given to the participants and insisted elders to take care of their children especially who are not vaccinated. Some home remedies given by Dr. L. Kanimozhi are karisalaithailam, turmeric water can be taken to get prevent from the virus. The main objective of COWINWEWIN is to give awareness about upcoming third wave and how to overcome from it and to spread positivity. We also discussed about various types of vaccine and dosage interval and importance of vaccination.And the session moved to question and answer session and so many participants got clarified about Siddha medicine and its benefits by the speaker. The event was compered by Ms.K.Janaki, Teaching Faculty. Vote of thanks was delivered by Ms.N.M.Vaishnave, Assistant Professor.And Technical support was given by Ms.B.Gayathri, Data Entry Operator.

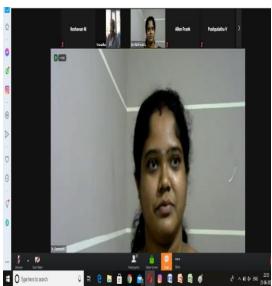
SPEAKER PICTURE





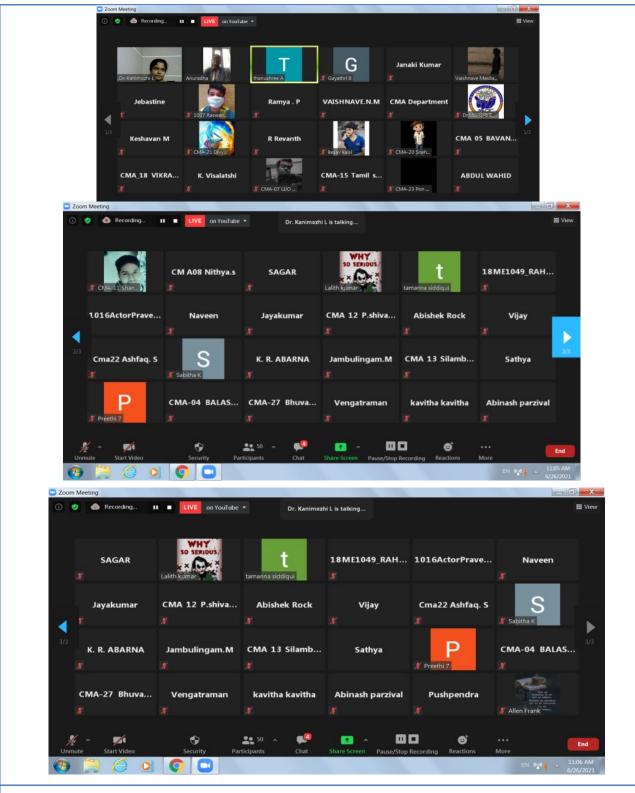






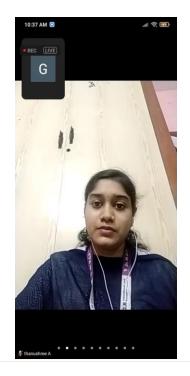
PARTICIPANTS PICTURE



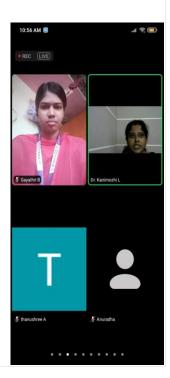




The outcome of this event COWINWEWINspreads positivity towards public and it created awareness about the Siddha medicine and insisted to take various precautions to avoid third wave. Around 250 participants were connected through zoom and you tube channel.







EVENT ORGANISERS LIST

Event organizers list

- 1. Dr.A.Anuradha Prof. and Head
- 2. Ms.A.Thanushree- Asst. Professor and Convener
- 3. Ms.N.M.Vaishnave Asst.Professor
- 4. Ms.K.Janaki Teaching Faculty
- 5. Ms.B.Gayathri Data Entry Operator
- 5. Mr.V.Raswanth –III B.Com (CMA)
- 6. Mr.S.Abdul Wahid-III B.Com (CMA)
- 7. Mr.M.Kesavan -II B.Com (CMA)
- 8.Ms.P.Ramya -II B.Com (CMA)



DAY: 14

DATE: 27/06/2021

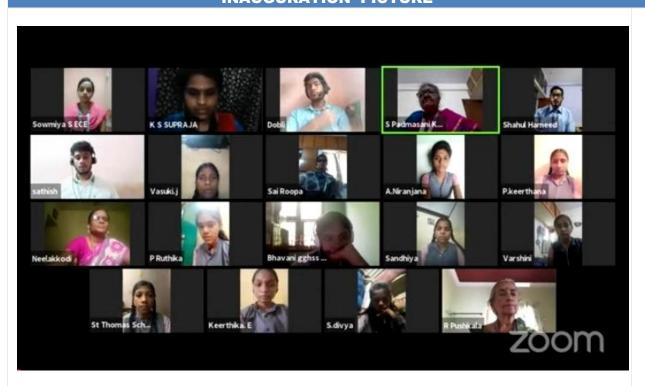
SESSION: FN

EVENT TITLE: TLS COVID-19 RELIEF CAMPAIGN & MOULD THE YOUNG

ORGANISER:

The Literary Seminary

INAUGURATION PICTURE



EVENT SUMMARY

Another feather added to the crowning glory of MGR Covid- 19 COWINWEWIN- a massive awareness session on its Day-14(27-6-2021) by The Literary Seminary and Rotaract Club of Dr. M.G.R. (E&T), Dr. M.G.R. Educational and Research Institute on "Awareness on Covid-19".

The salutations to the prudence gathering were addressed by Mr.Satish Kumar, Student member of The Literary Seminary. The imperative role of pandemic pastimes in easing the hassle was specified by Dr. L. Ramesh, Dean, E.P.A. in his Inaugural address, and the session continued with the Report on THE LITERARY SEMINARY COVID-19 RELIEF CAMPAIGN by Ms. Sai Roopa, Student member of The Literary Seminary.



The campaign was conducted in collaboration with SEVALAYA TRUST to provide daily provisions to those affected by the pandemic. It raised an amount of 10,000 rupees and donated 9 kits to feed families. The campaign was conducted in the loving memory of Mr. Stephen Chinnaswamy.

The report was followed by the welcoming of Rotarian T.V. Radhakrishnan, President, RCCMugappair, who shared a few words on the importance of educating the youth about the ongoing pandemic.

The Literary Seminary &Rotaract Club of Dr M.G.R. (E&T) organized a "MOULD THE YOUNG: Awareness on COVID -19" interactive session with Govt. Higher Secondary School, Villivakkam Students. Ms. Supraja, Student Member of The Literary Seminary, commenced the student interaction.

The session was parted into three different activities. They included playing the animated videos on covid-19 and discussing the myths and facts in them and elaborating the students about the safety measures to be taken during the pandemic time. Followed by which Connections round took place, which enabled the students to understand the various terms related to COVID-19. was a fulfilled and most enjoyable part of the event. Then, the Story chain round took place in which the students had to extend the story/lines on the topic of Covid-19. The session came to an end with the vote of thanks proposed by Ms. Sowmiya Sridhar, Student Member of The Literary Seminary.

The kindled minds were illuminated by curated solutions from the experts, solemnizing the success of the awareness campaign.

We thank our President sir for his support for all our accomplishments.



SPEAKER & PARTICIPANTS PICTURE





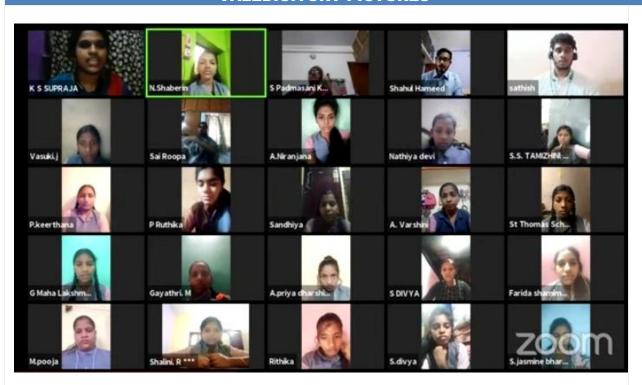






The session was brainstorming and the information exchangeregarding the covid-19 among the students was done. The participants in the session reached consensus on recommendations and discussed related barriers and solutions.

VALEDICITORY PICTURES



EVENT ORGANISERS LIST

Mr.Shahul Hameed

Ms.Sai Roopa

Ms.Supraja

Ms. Sowmiya

Mr. Sathish

Mr. Surya



EVENT TITLE :Essential Health tips to school children : Vision and Hearing				
ORGANISER	: Faculty of Nursing			

EVENT SUMMARY

Faculty of Nursing, Dr.M.G.R. Educational and Research Institute, Chennai under the benevolence of our Honorable President Sir and Honorable Secretary Sir is organizing a series of awareness programs, webinars, and Guest lectures. We express our heartfelt thanks to Prof.Dr.S.GeethaLakshmi Madam our Vice Chancellor for her constant support and guidance. In continuation to this Faculty of Nursing organized a Webinar on "Essential Health Tips to school children: Vision and Hearing" on 28/06/21 at 11.00 AM-01.00 PM via Zoom link. Around 245 participants attended the program. The webinar started with a prayer song. Mrs.Liji Sarah Varghese Asst. Prof. welcomed the gathering. Dr. Prof. HemaV.H Principal delivered the Special Address. The first speaker Dr.K.Kanmani MS.DO Professor of Ophthalmology, A.C.S Medical College and Hospital, was introduced by Mrs. Motcha Rakkini Assoc. Professor. He spoke about the importance of taking care of vision while students attending the online classes. The second speaker Dr.H.Gayathri was introduced by Mrs. Ruth Saranya Asst.Professor.She spoke about the importance of taking care of ears while using the ear phones by the students. After a small discussion the program ended with Vote of Thanks by Mrs. Sujitha Jebarose Asst. Professor. The session was very useful to the school and college students. The session was concluded by the National An them. Feedback link was posted in the chat box to the participants for the e-certificate We thank the management for the continued support rendered in all our ventures.



SPEAKER & PARTICIPANTS PICTURE







SPEAKER & PARTICIPANTS PICTURE

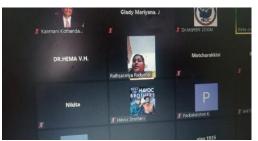










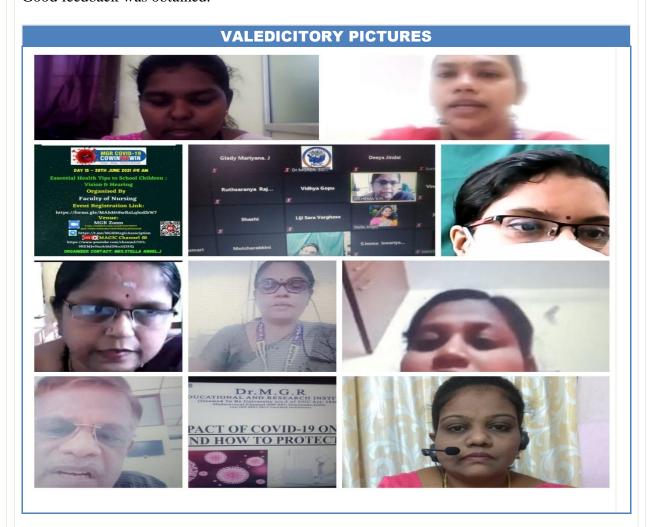








The aim of the webinar was to deliver essential health tips to the school and college students, to take care of their vision and hearing for whose mode of education is now being online. Invitation was sent to more than 20 schools. All together of 245 participants from various schools and colleges attended the webinar. The same was telecasted via YouTube channel. Good feedback was obtained.



EVENT ORGANIZER

Mrs. J. Stella Angel Faculty of Nursing



DAY: 15	DATE : 28/06/2021	SESSION: AN
EVENT TITLE: Conclave - Zero Covid Strategy		
ORGANISER:	Faculty of Comp	outer Applications

EVENT SUMMARY

Respected Sir/Madam,

Warm Greetings!!

The Faculty of Computer Applications through the Magic Association organized a Conclave on "Zero Covid Strategy "on Day 15 (28.06.2021) of the MGR COVID19 COWINWEWIN (21Days-33Depts-41Events to Win Covid) Event. The entire event was hosted by Ms.V.Nithya, Assistant Professor, Faculty of Computer Applications.

The session started with a warm welcome address given by Ms.N.Keerthana, Assistant Professor, Faculty of Computer Applications followed by a wonderful felicitation address given by Dr.Viji Vinod, Prof and Head, Faculty of Computer Applications. Ms.N.Keerthana and Ms.V.Nithya introduced the eminent speakers of the sessions. The resource persons called were Dr. T. Arthi Latha MD DCH, Consultant Pediatrician and Mr. Raja Vasanthan, Founder of Grids and Guides.

The first session started with **Dr. T. Arthi Latha MD DCH**, Consultant Pediatrician. Her topic was on " 3^{rd} Wave – Y Gen." She beautifully explained about the 3^{rd} wave pediatric covid awareness. She clearly said about the symptoms of COVID in children and also way to overcome it. **Dr. T. Arthi Latha MD DCH**, also said about the how to monitor a covid positive child in isolation.

The second session was taken over by **Mr. Raja Vasanthan**, Founder of Grids and Guides, who presented on the topic "Coronialls- How Startups are possible in new normal". He



beautifully explained about startups and new opportunities. He clearly said about how to make use of pandemic situation and become an Entrepreneur.

Towards the end of the presentations by two eminent speakers, a panel discussion session was held and a few questions were raised to the resource persons by Ms.S.Sinduja, Assistant Professor, Faculty of Computer Applications on behalf of the organizing team and the participants. They answered them diligently with their wide knowledge and experience. Finally, vote of thanks was given by Ms.R.Sonali, Assistant Professor, Faculty of Computer Applications. She expressed her gratitude sincerely to everyone who supported and guided in the success of the entire event.

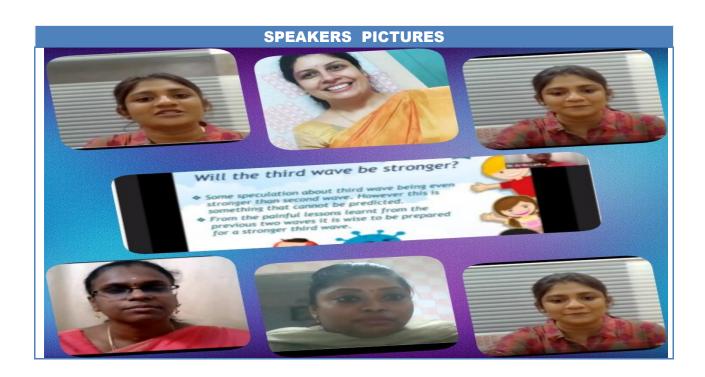
The Faculty of Computer Applications is much beholden to Honorable President Er. A.C. S. Arun Kumar for his valuable consent and support to organize this event on a grand scale. Special thanks to Dean EPA Dr. L. Ramesh, Registrar Dr.C.B.Palanivelu for their constant support and encouragement.

On the whole this panel discussion proved to be a grand success. Thanks to enthusiastic participants who registered and the great organizing team comprising of Ms.V.Meera, Ms.S.Rajapriya, Ms.A.Padma Priya, Dr.S.K.Muruganantham, Ms.M.E.Suthamerthi and Ms.J.Usha. Event Coordinators Ms.S.Sinduja and Ms.V.Nithya













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The event garnered positive response among the participants who connected from various corners of the nation and this is evident from the feedback received from them. They learnt in detail on the impact of covid and how to protect our self.

EVENT ORGANISERS LIST

Ms.S.Sinduja(Event Manager), Ms.V.Nithya(Event Manager).

Ms.V.Meera, Ms.S.Rajapriya, Ms.A.Padma Priya, Dr.S.K.Muruganantham, Ms.M.E.Suthamerthi and Ms.J.Usha.



DAY: 16	DATE: 29/06/2021	SESSION: FN (11.00 am - 1.30 pm)
EVENT TITLE	Covid 19 – A Professional Perspective Can we visit a dentist in Covid times?	
ORGANISER	Faculty of Dentistry (Thai Moogambigai Dental College and Hospital)	

ORGANISING TEAM | SESSION AND EVENT MODERATORS













EVENT SUMMARY

'MGR Covid 19 – CowinWEwin' is a mega event organized by Dr. MGR Educational and Research Institute involving 33 departments across the University to conduct 41 events over a period of 21 days from 14th June 2021 to 3rd July 2021.

As a part of this major academic event, **Thai Moogambigai Dental College and Hospital** (Faculty of Dentistry) organized the 16th day events on **29th June 2021**, focusing on increasing our understanding, preparedness, and awareness about Covid 19. The event was conducted on Zoom Online and Live streaming on YouTube, from **11.00 am onwards up to 1.30 pm**.

Prof. Dr. Priya Ramani commenced the event, welcoming all the attendees and directed them to the benevolent blessings and wishes from our patrons Founder-Chancellor **Dr. A. C. Shanmugam**, President **Er. A. C. S. Arunkumar**, Secretary **Thiru. A. Ravikumar**, Vice Chancellor **Prof. Dr. S. Geethalakshmi**, Rector **Prof. Dr. D. Viswanathan**, and Registrar **Prof. Dr. C. B. Palanivelu**.

The scientific session ensued, with our moderators **Prof. Dr. M. K. Karthikeyan** and **Prof. Dr. Pradeep Christopher J.** introducing the scientific events for the day and the affiliations of our esteemed scientific session speakers.

The FIRST session was a 'Panel Discussion' on 'Covid 19 – A Professional Perspective', the panel experts including Dr. Murali Mohan, Senior Consultant Pulmonologist, Narayana Hrudayalaya, Bengaluru; Dr. Vishwas L Vijayadev, Consultant ORL Head Neck and Facial Plastic Surgeon, Trustwell Hospital, Bengaluru; Prof. Dr. Shalu Rai, Oral Medicine and Diagnosis Expert, Modinagar; and Ms. Kanaga Lakshmi, Clinical Psychologist, Chennai. The discussion was moderated by Prof. Dr. Uma Sudhakar, and covered a vast range of topics such as staying Covid-free, home management of Covid, post-Covid complications, oral manifestations of Covid 19, the psycho-social impact of Covid in our lives, and the like. Our eminent panelists shared their experience and knowledge and also answered questions from the attendees.

The **SECOND** session started with an audio-visual presentation by the Department of Pedodontics, under the guidance of **Prof. Dr. Joyson Moses**, on the topic **'Covid-19 in Children – Are we prepared?'**. The presentation reviewed global data on Covid 19 in children, preventive and diagnostic aspects, and treatment options, with an added note on pregnant women and management of the newborn in Covid times.

Continuing with the same topic, we had the next video lecture by distinguished pediatrician **Prof. Dr. Neelam Grover**, MM Medical College, Haryana, on **'Covid infections in Children'**, highlighting the viral pathogenesis and infectivity in children, and also outlining better preventive measures.

The LAST session was a paper presentation by **Dr. Archana D.** on a more closer topic to us, **'Can we visit a dentist in Covid times?'**. The presenter spoke in detail about the significance of coronavirus in dentistry, the various preventive measures to be adopted by a dentist to prevent the spread of infection

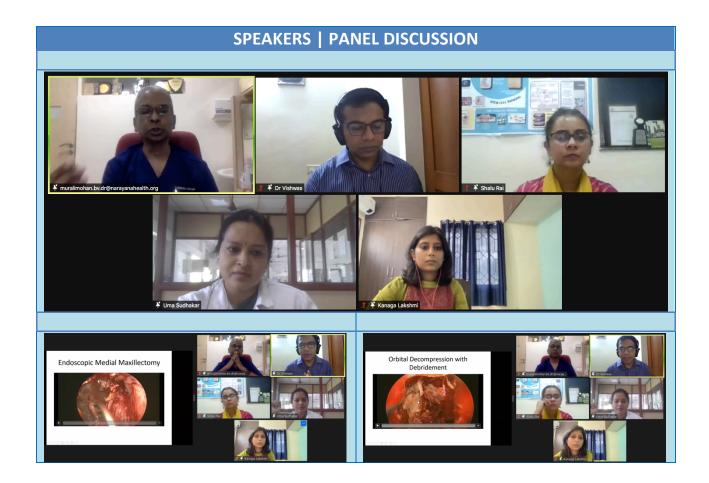


in the dental clinic, and summarized that it is definitely safe to visit a dentist during Covid times, provided the Covid 19 appropriate measures are in place.

Following this presentation, we had a video montage from various healthcare workers and celebrities speaking on Covid awareness and safe practices, including Mrs. S. Latha, veteran actor; Prof Dr. J. A. Jayalal, National President, IMA; Dr. D. David Praveenkumar, Medical Oncologist; and Dr. D. Thambidurai David, IMA Past President and Paediatric surgeon.

The event ended with a Vote of Thanks by **Prof. Dr. A. Einstein**, Principal, Thai Moogambigai Dental College and Hospital, who expressed his gratitude to the patrons, speakers, organizing team, and the attendees for making the event a successful learning experience.

Feedback form link was posted to all the attendees and E-certificates were generated.





SPEAKERS | VIDEO and PAPER PRESENTATIONS





















The event fulfilled its purpose of reaching out to the professionals and the lay persons and reiterating their understanding of a plethora of topics such as the fundamentals of Covid 19 infection, Covid 19 appropriate behavior, living Covid free, managing Post Covid complications, oral manifestations of Covid infection, managing to stay mentally and socially sane, and dental care during Covid times.

The event poster was largely promoted through the students and faculty members and also on the social media. Feedback from the attendees included appreciation for the topics discussed and requests for many such programs in the future.

Number of registrations	678
Number of attendees (Zoom)	469

EVENT ORGANISERS LIST		
Organizing Chairperson	Prof. Dr. A. EINSTEIN T. BERTIN, Principal/Oral Pathology	
Resource Person	Prof. Dr. PONSEKAR ABRAHAM A, Prosthodontics	
Moderator, Scientific Sessions	Prof. Dr. KARTHIKEYAN MK, Additional Principal/Orthodontics Prof. Dr. PRADEEP CHRISTOPHER J, Oral Surgery	
Panel Discussion Moderator	Prof. Dr. UMA SUDHAKAR, Vice Principal/Periodontics	
Program anchor	Prof. Dr. PRIYA RAMANI, Oral Medicine	
Dignitaries/HCW Videos	Prof. Dr. VINITA MARY A, Public Health Dentistry Prof. Dr. KESSAVAN R, Public Health Dentistry	
Scientific Sessions	Prof. Dr. PRADEEP KUMAR AR, Conservative Prof. Dr. NADEEM JEDDY, Oral Pathology Prof. Dr. JOYSON MOSES, Pedodontics Dr. ARCHANA D, Conservative Dr. NIMISHA MITHRADAS, Periodontics Dr. SARANYA D, Conservative	
MAGIC Association Coordinator	Prof. Dr. GOPALAKRISHNAN, Periodontics	
Registration, Certificates, Feedback	Dr. KEERTHI NARAYAN V, Oral Pathology Dr. SREEDEVI J, Oral Medicine Dr. SHEELA KUMARI K, Prosthodontics	
Technical and Logistics	Mr. KATHIRAVAN M, Office Admin Mr. JANAKIRAMAN D, MAGIC Association	



DAY: 16 DATE: 29/06/2021 SESSION: AN

EVENT TITLE: Management of COVID 19 – Clinical Perspectives & Ongoing

Challenges

ORGANISER: ACS Medical College & Hospital

INAUGURATION PICTURE





EVENT SUMMARY

Respected Sir / Madam, Faculty of MBBS, Dr. M. G. R. Educational and Research Institute, Chennai. Under the benevolence of our Honorable Founder Chancellor, our Honorable President sir and Honorable Secretary sir organized a Guest Lecture under the guidance and support of our most respected Vice-Chancellor Prof. Dr. S. Geethalakshmi madam and our beloved DEAN Dr PragnaB.dolia mam. We successfully conducted a Guest lecture on "CLINICAL MANAGEMENT ON COVID" AN OVERVIEW, About 250 students and staffs participated in the session.

The program was started lecture given by our special guest lecturer Dr C SENTHIL SIR ,followed by his lecture post introduction was given by DR karthik association conveyer of ACS Medical college about Senthil sir followed by vote of thanks was given by Masooma 1st year MBBS student, many questions were raised and DR Senthil sir cleared it very beautiful way with more knowledge gained from his lecture. Thank you

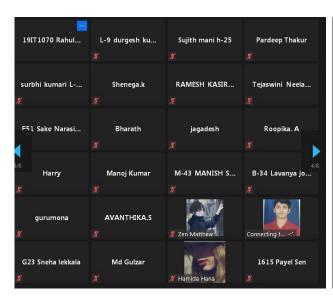


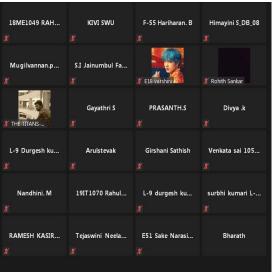
SPEAKERS PICTURES





PARTICIPANTS PICTURE





EVENT ORGANISERS LIST

Dr L Ramesh (Dean- EPA), Dr. Pragna B Dolia (Dean - ACSMCH), Dr. C. Senthil Prof. of ACS medical college



& Hospital Dr. S Karthick (Dept. Event Convenor) and all the Faculty members.



DAY: 17

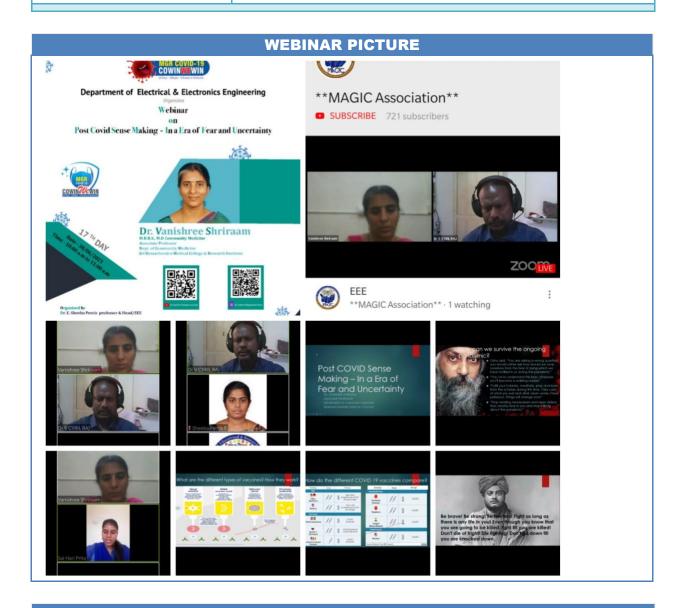
DATE: 30/06/2021

SESSION: FN

EVENT TITLE: Webinar on Post Covid Sense Making – In a era of Fear and Uncertainity

ORGANISER:

EEE Department



EVENT SUMMARY

The department of EEE in association with IEEE MGR Student Chapter organized a Webinar on the topic "Post Covid Sense Making – In a Era of fear and uncertainty on 30th June 2021 from 10.00a.m to 12.20p.m. The Webinar was conducted on Day 17 as a part of the MGR COVID19 COWINWEWIN (21 days-33 Department-41 events) in Zoom platform and the session was streamed live through EEE You-tube Channel. The Session started with a warm



welcome address by Dr.E.Sheeba Percis,HoD/EEE.A video was released about the accomplishment of EEE Dept as a tribute on the occasion of Honorable President Er.Arunkumar Sir's birthday. The Inaugural address was delivered by Dr.V.Cyril Raj,Joint Registrar-Academic & Administration.A second video was released on the issue of public interest by EEE department on awareness of vaccination. So, to create an awareness in public regarding vaccination ,this webinar was organized. The Resource person was Dr.Vanishree Shriraam M.B.B.S,M.D, Community Medicine, Sri Ramachandra Medical College & Research Institute. Ms.Swetha,Student Coordinator introduced the speaker of the session.

The Doctor elucidated about the different vaccinations and its importance. She explained about the current situation about COVID -19, How much important to take vaccination.

Secondly, the speaker elaborated on various steps we need to follow before and after covid infection and also before and after vaccinated. Many slides were presented regarding these topics so the students had a clear idea about it.

Finally, the speaker summarized on the topics such as when, where one need to get vaccinated. She clearly explained about covishield and covaxin .The session was very useful to the participants in this current pandemic situation. The Doctor diligently and patiently answered all the questions raised by the participants during the Q & A session.The vote of thanks was proposed by Ms.Jayalakshmi,Student Coordinator.The webinar was viewed by 249 participants from inside and outside our institution.

The event was moderated by Dr.E.Sheeba Percis, HoD/EEE, support and guidance by Dr.A.Nalini, Dy.HoD/EEE and Ms.S.T.Rama, Asst.Prof/EEE.An appreciation to the Student coordinators for the support in organizing this event.





The execution of webinar on Post Covid Sense Making – In a era of Fear and Uncertainity really

motivated all the participants to get vaccinated and eradicate Covid . The participants got their doubts cleared based on Covid and vaccination.

EVENT ORGANISERS LIST

Dr.E.Sheeba Percis, Assoc. Prof., HoD/EEE, Dr.A.Nalini, Assoc. Prof.Dy.HoD/EEE, Ms.S.T.RAMA, Asst. Professor-Association Convener-EEE Dept.



DAY: 17

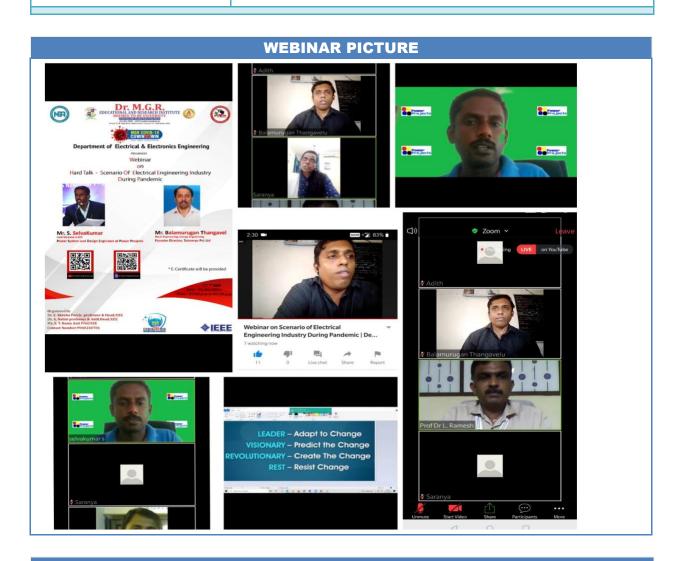
DATE: 30/06/2021

SESSION: AN

EVENT TITLE: Webinar on Scenario of Electrical Engineering Industry during Pandemic

ORGANISER:

EEE Department



EVENT SUMMARY

The department of EEE in association with IEEE MGR Student Chapter organized a Webinar on the topic "Scenario of Electrical Engineering Industry during Pandemic" on 30th June 2021 from 02.00p.m to 03.45p.m. The Webinar was conducted on Day 17 as a part of the MGR COVID19 COWINWEWIN (21 days-33 Department-41 events) in Zoom platform and the session was streamed live through EEE You-tube Channel. The Session started with a warm welcome address by Dr.E.Sheeba Percis,HoD/EEE. The Inaugural address was delivered by Dr.L.Ramesh-Dean EPA.The Resource person of session1 was Mr.Balamurugan Thangavel,Founder,Director,Taimeryu Pvt Ltd and for session2 was Mr.S.Selvakumar,Power



System and Design Engineers at Power Projects. Ms.Arun Kumar, Student Coordinator introduced the speaker of the session1.

The speaker explained about the importance of studying Electrical And Electronic Engineering. He elaborated on the future scopes of EEE. The session was very useful for upcoming engineering students.

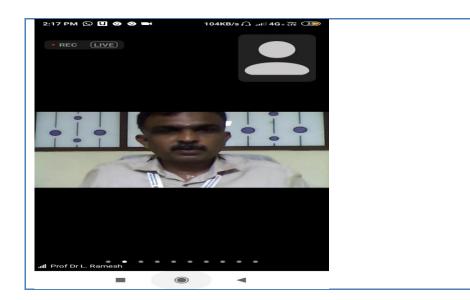
The Speaker of the second session was Mr.S.Selvakumar. Power System and Design Engineers for Power Projects. Firstly,the speaker introduced himself and his current projects. The way of handling and interacting with the participant was amazing. He gave a clear vision of studying EEE. He presented the opportunities available in studying various softwares which could help the students to create their own jobs. The session concluded around 3:30 p.m. The vote of thanks was proposed by Ms.Deepitha,Student Coordinator.A Covid Awareness Competition was conducted among school and College students and the winners were given e-Certificates.The webinar was viewed by 189 participants from inside and outside our institution.

The event was moderated by Dr.E.Sheeba Percis, HoD/EEE, support and guidance by Dr.A.Nalini, Dy.HoD/EEE and Ms.S.T.Rama, Asst.Prof/EEE.An appreciation to the Student coordinators for the support in organizing this event.



SPEAKERS PICTURES





The execution of webinar has motivated the participants to study EEE. The participants got a clear idea on the future scope of Engineering and the job opportunities.

EVENT ORGANISERS LIST

Dr.E.Sheeba Percis, Assoc. Prof., HoD/EEE, Dr.A.Nalini, Assoc. Prof. Dy. HoD/EEE, Ms.S.T.RAMA, Asst. Professor-Association Convener-EEE Dept.



DAY: 18 DATE: 1/07/2021 SESSION: FN

EVENT TITLE: Mental Health & Wellbeing During the Crisis of Lockdown & Expected Third Wave

ORGANISER: Faculty of Management studies



EVENT SUMMARY

TOPIC: Mental Health & Wellbeing During the Crisis of Lockdown & Expected Third Wave

On 1st July 2021 event started by 10:30 AM on the eve of "Doctors Day" this seems so exciting and we were looking forward with our special guest Dr.M. Gopinathan (Department of clinical hematology at sanjay Gandhi postgraduate institute of medical service, Lucknow) the event started with the excellent welcome speech delivered by MBA student (Helan Merlin Sam). Immediately the department head (Dr.G.Brindha) was delighted to give her sparkling and enthusiastic speech by welcoming our guest. Then our respected special guest started his speech with excellent ppt presentation. The presentation was so simple as that it makes for each participant to understand it easily, the ppt explain about the cause of covid, how it spread,



about its origin and place of spread. The doctor clearly stated about how we have to take care of our mental well-being with very good points, how to take care of us and others about the emerging 3rd wave he clearly warned us with how we have to take precautionary steps and the entire vaccination process.

Then the answer session held up and doctor cleared their doubts, finally it was ended with vote of thanks by Ms.P.Thenmozhi (Assistant Professor) and The session was very informative, interactive and all the participants including 218 students came to know about lot of things which is the need of hour.





On execution of the event the valuable time provided knowledge about the crisis and concentrating on the well-being. Participants got clear information about 3rd wave of covid, importance of vaccination, precaution.



EVENT ORGANISERS LIST

Ms.S.Padmavathy (Assistant Professor)

Ms.P.Thenmozhi (Assistant Professor)



DAY :18 DATE :01/07/2021 SESSION: AN

EVENT TITLE: "Enough of Polemic, Time To Check Pandemic #StopTheSpread"

ORGANISER: Department of Biotechnology



EVENT SUMMARY

Department of Biotechnology takes immense pride in hosting an extravagant event titled, "ENOUGH OF POLEMIC, TIME TO CHECK PANDEMIC" in collaboration with MGR COVID'19 COWINWEWIN.

This initiative comprised of COVID-19 related online contests for kids and a webinar that was open for all. We received approximately around 500 entries constituting all age groups!

The offline events began on 16th June, 2021 and it encompassed 7 contests for both Primary and Secondary students to evaluate their awareness on the ongoing pandemic plight. The said contests includes Slogan Writing, Handwash challenge, Story writing for the primary classes. Quiz, Microtale writing, essay writing for the secondary classes and poster making being common to both the sections.

A congenial afternoon set the right tune to witness a webinar on the topic, "Enough of polemic, time to check pandemic" on ^{1st} July as a part of the CoWinWeWin initiative. The webinar



constituted of active participants from all over Tamil Nadu to glean awareness on the Covid-19 pandemic. The event was scheduled at 3 PM and it began on the dot.

Ms. Subha Janani Ramesh (Executive member, Association IBT), kick started the webinar by saluting the luminaries present.

Er.Sri Devi M (Staff Convenor, Association IBT), cordially welcomed the virtual gathering through her courteous words.

Dr.Rajeswari Hari (HOD, IBT) delivered the keynote address thereby conferring a glimpse of the event.

Mr. Pruthiv Rajan (Joint secretary, Association IBT), rendered a brief introduction about the CoWinWeWin initiative and remarked on our glorious undertaking of spreading awareness to the society.

Ms. Sheerin Natasha (Executive member, Association IBT), graciously introduced the chief guest, Dr. Usha Vijai Raj, practising as a paediatrician and general physician at Govt Kilpauk Medical College, Chennai to the congregation.

The chief guest of the webinar, revolved around the context of how to deal with the current Covid-19 crisis and the suitable precautions to be upheld to fight against the gruesome virus in unison!

The elucidative presentation was then followed by an interactive Q/A session, where the participants kept shooting their queries.

It was then succeeded by intimating the winners of the several online contests that were conducted in conjunction with the CoWinWeWin initiative.

A terminal report on the CoWinWeWin initiative, with regards to the Department of Biotechnology was given by Ms. Shibna (Secretary, Association IBT).

The event was wrapped up by Ms.Booja (Additional Secretary, Association IBT) by proposing the vote of thanks.

It was indeed a very informative webinar which substantially escalated our appetite for knowledge and accelerated our awareness on the current pandemic catastrophe!

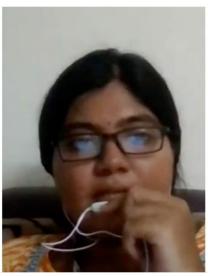
The imperative reason behind the pinnacle success of this event is the bountiful work of the office bearers and the staff coordinator, Er.Sri Devi.

As MGR'ians, we believe that Awareness is the Greatest agent for change, therefore we take the honor in organizing such exceptionally thought provoking initiatives, thereby doing our bit to settle the gruesome virus in peace.



SPEAKER PICTURE







EVENT OUTCOME

Department of Biotechnology takes immense pride in hosting an extravagant event titled, "ENOUGH OF POLEMIC, TIME TO CHECK PANDEMIC" in collaboration with MGR COVID'19 COWINWEWIN

A congenial afternoon set the right tune to witness a webinar on the topic, "Enough of polemic, time to check pandemic" on 1st July as a part of the CoWinWeWin initiative. The webinar constituted of active participants from all over Tamil Nadu to glean awareness on the Covid-19 pandemic in the first of its kind of webinar hosted on an online platform. The event was scheduled at 3 PM and it began on the dot.

Ms. Subha Janani Ramesh (Executive member, Association IBT), kick started the webinar by saluting the luminaries present.

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guest, Dr. Usha Vijai Raj, practising as a paediatrician and general physician at Govt Kilpauk Medical College, Chennai to the congregation.

In brief, the key speaker revolved around the context of how to deal with the current Covid-19 crisis and the suitable precautions to be upheld to fight against the gruesome virus in unison!

The elucidative presentation was then followed by an interactive Q/A session, where the participants kept shooting their queries.

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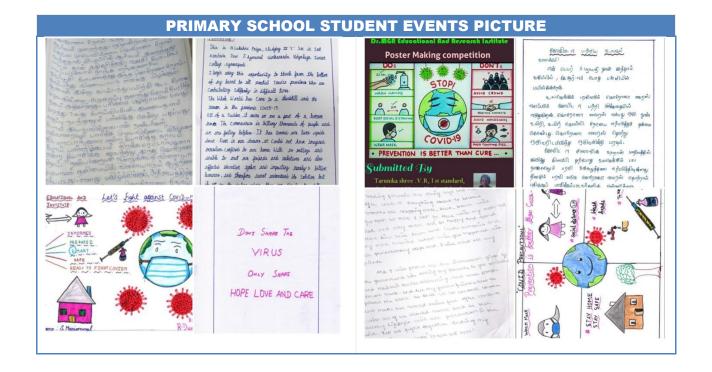
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Department of Biotechnology takes immense pride in hosting an extravagant event titled, "ENOUGH OF POLEMIC, TIME TO CHECK PANDEMIC" in collaboration with MGR COVID'19 COWINWEWIN.

This initiative brought about by our esteemed Dr. M.G.R Educational and Research University to contribute our fair share in spreading the awareness related to Covid -19 Pandemic is highly commendable.

The impulse of the event was to spread awareness especially among the school going children of primary standards (I - V).

As children due to their oblivious nature, they are highly susceptible to the vulnerability of the virus, therefore hoarding the sense of awareness amongst the kids has been the need of the hour, and consequently our event has bestowed prime emphasis on them.

As a part of the event, the offline competition began on 16th June 2021 and it encompassed of 4 contests for Primary students to evaluate their awareness on the ongoing pandemic plight. The said contests includes Slogan Writing, Hand wash challenge, Story writing and poster making.

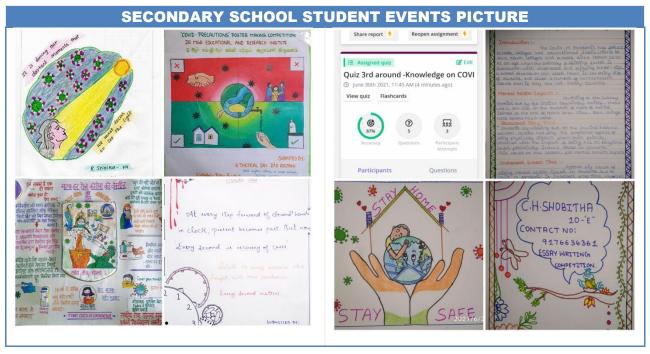
Through valuation we were able to vividly see that the kids are all well-equipped in handling the crisis.

The entries for the contest kept swarming in multitude. On an accurate note, we fetched around 100 entries.

The imperative reason behind the pinnacle success of this event is the bountiful work of the office bearers and the staff coordinator, Er. Sri Devi.

As MGR'ians, we believe that Awareness is the Greatest agent for change, therefore we take the honor in organizing such exceptionally thought-provoking initiatives, thereby doing our bit to settle the gruesome virus in peace.





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EVENT ORGANISERS LIST

Er. Sri Devi M (Convenor), Nithish Raj P (Mentor), Shibna A (Secretary), Pruthiv Rajan K (Joint Secretarty-1), Roshini S (Event Manager), Sheerin Natasha (Executive Committee Member), Subha Janani R (Executive Committee Member), Vidhya N.



DAY : 19	DATE : 02/07/2021	SESSION: AN		
EVENT TITLE: TAKING CARE OF SELF DURING COVID				
ORGANISER:	Mechanical Engineering			

EVENT SUMMARY

The main objective of this event is to mentally overcome the fatigue, depression and other negative mindset that come across everyone in this pandemic. The event started at 1415 hours on 2nd July 2021 through Zoom and was live in YouTube. The Master of Ceremonies was handled by Mr. Rahul. M from B. tech, Mechanical department, 3rd Year. The session started with Welcome Address by Professor and Head of Mechanical Department, Dr. M. Ganesan. The next in line was the Inaugural Address by Rector, Former Vice-Chancellor of Anna University Dr. G. Viswanathan. Joint Registrar Inspection, Dr. S. Nallusamy delivered the Felicitation Address, followed by Introduction of The Chief Guest, Clinical Psychologist from Turiya Psychological Services, Chennai, Ms. Sandhya Shivakumar by Professor and Additional Head of Mechanical Department, Dr. N. Ethiraj. Chief Guest and Speaker of the day, Clinical Psychologist from Turiya Psychological Services, Chennai, Ms. Sandhya Shivakumar swayed the session with the topic "Taking Care of Ourselves During Covid" from there on. The session proceeds with the statistical counts of mental health disorder due to Covid and Lockdowns.

The Speaker started to uncover the struggles facing by students regarding online classes, examinations, assignments. Its difficult to adapt to the new normal as there are more distraction during online mode and to get involved in mal-practice, impersonation and so on. The stresses can be relieved by walking in our community or in terrace yet there are certain constraints as gathering of all flat mates at some time which may cause in spread of Covid.

The effects of Covid affects different person differently as those who are work from home must also take care of family matters as well as work issue at the same time, lack of payment for some of them, loss of job, for those who do online courses irrespective of college, school, extra courses will be facing lack of concentration, lack of internet or mobile or personal computer which indirectly causes mentally low by comparing their status with their friends.



Other problems are some of them or their family members may be Frontline workers, some of them or their close ones may get positive for Covid and so on. These causes Depression, Anxiety, Post-traumatic stress disorder, sleep disturbance, risk of suicide, psychotic disorder-paranoia, obsessive compulsive disorder.

The signs and causes of burden are Increased anxiety and uncertainty, Feelings of Ioneliness or sadness, Feelings of helplessness and frustration, Changes in eating or sleeping patterns, Changes in substance use, Information/update burnout, Exacerbation of existing mental health concerns. These becomes problematic by causing Trouble focusing on daily activities, Excessive and uncontrolled anxiety, Intense feelings that interfere with everyday or daily activities, Unmanageable emotions/unhealthy coping, Helpless/hopeless feelings.

Grief/Trauma/Loss are explained by Kubler-Ross Grief Cycle through 5 stages of the cycle. They are Denial, Anger, Bargaining, Depression and Acceptance. For those who have lost their loved ones can be cope by Staying connected through technology to mourn together, Participate in small rituals that you are comfortable with, Do not isolate yourself, Do not pressure yourself to feel otherwise radical acceptance and Sense of universality.

The general coping skill that everyone must have are Selfcare, Circle of control, Set goals, Avoiding what ifs, Limit the information you consume and Do not let the Covid dominate your conversations. Everyone must ensure to have positive reframing of situation. For example., My friends and I can't see each other = My friends and I are protection each other; I'm stuck at home = I'm safe at home and spending time with my family; I have lost my freedom = I have relinquished my freedom for a noble purpose. We must have a good sleep cycle and routine and avoid conversations/news around bedtime which will be very useful for mental calmness.

It is necessary to have Work-Life balance to not lose ourselves to this new normal by Maintaining one are at home for work which means the bed is meant only for sleeping not for having food or doing work or other, Having clear work boundaries like how we used to go for work or college or school before pandemic must be maintained even during this pandemic, Taking breaks whenever necessary with fixed break timing but to avoid mobile phones for break instead take a walk around the house or admire nature from balcony or having some refreshments, after all We must have hope that this current situation is temporary and will be ending in the near future.



If we face any of the mental illness try to seek professional instead of self-analyzing and taking medications. Individuals may be more vulnerable if they tend to be rigid in thinking, black/white style of processing information, have history of mental health issues, adverse life experiences, lack of self-directedness/self-control, and substance use.

Self-care is the most essential part to rule out the pandemic mental illness. These can be strike out by Self-kindness and compassion, Having a predictable routine which gives a sense of control, Try moving around the house, Taking care of pre-existing mental health conditions, Try to be with family members and other for less than 5 hours as the more time we spend with others the more the problems or misunderstanding may arise which was proved scientifically and Sleep hygiene.

Finally, we must use this Covid situation to our advantage as by developing Resilience, Gratitude, Universality, and Increased awareness about mental health.

The session ended at 1545 hours with Q&A session and Vote of Thanks, which was managed by Assistant Professor, Mr. A. Srikrishnan and the speaker knock it off with mind blowing answers and the Vote of Thanks was delivered by Professor, Dr. K. R. Vijayakumar.





Speaker

When is it problematic

- * Trouble focussing on daily activities
- * Excessive and uncontrolled anxiety
- * Intense feelings that interfere with everyday or daily activities
- * Emotions unmanageable unhealthy coping
- * Helpless/hopeless feeling



Participants



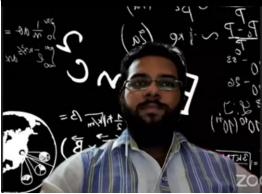
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- Sleep hygiene.
- Maintaining one are at home.
- Clear work boundaries.
- > Take breaks.
- Temporary nature of the situation.
- Positive reframing of situation.
- Selfcare.
- Circle of control.
- Set goals.
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- Limit the information you consume.
- Do not let the Covid dominate your conversations.
- Staying connected through technology to mourn together.
- Participate in small rituals that you are comfortable with.
- Do not isolate yourself.
- > Do not pressure yourself to feel otherwise radical acceptance.
- Sense of universality.

VALEDICITORY PICTURES



Dr. K. R. Vijaykumar (Vote of Thanks)



Mr. Rahul. M (MC)

EVENT ORGANISERS LIST

- > Dr. M. Ganesan, Professor, HOD and Association Chairman.
- > Dr. N. Ethiraj, Professor, Additional HOD and Association Deputy Chairman.
- > Dr. K. R. Vijaykumar, Professor.
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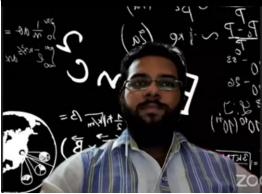
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- Mr. A. Srikrishnan, Assistant Professor and Association Co-Convenor.
- Mr. Rahul. M, Student and Association Secretary.



DAY:20 DATE:03/07/2021 SESSION:FN

EVENTTITLE:Adapting to Future Normal – The Academic Perspective

ORGANISER: Faculty of Hotel Management & DE-NOVO courses

ADAPTING TO NEW NORMAL DT. M.G.R. LEGICAL POPULATION OF THE MANAGEMENT, CUUNARY ARTS & DE-NOVO COURSES DEPARTMENT OF RSYCHOLOGY MER. COWIN WEWIN 21 Upgs: 33 legics - 4f Funds to British MS. Jaysree Prabaharan Guest Speaker MS. Jaysree Prabaharan JULY Deciding place Sind Daired Reporting of Australian Report Sind Probability MS. Pandhana Consultand Chinal Probability and Sind Reporting of Australian Reporting of Australian Reporting of Australian Reporting of The Deciding Distorts into Dring Lockdom PANEL DISCUSSION ADPTING TO FUTURE NORMAL - THE ACADEMIC PERSPECTIVE MF. Kiran Kurnar Massi Consultand Chinal Probability of The Reporting of Australian Reporting of The Reporting of

EVENTSUMMARY

Today's event was conducted by Department of Psychology from the faculty of HMCT & De-novo Courses in the forenoon session. The event was extremely engaging. The event was started by our Guest Speaker - Ms. JaysreePrabaharan who is a special educator based in U.K. Her topic was related to decoding dyslexic's mind during lockdown. She highlighted on contents like difference between disability and physical handicap. Along with an insight into leaning disability, she highlighted with lot of examples showing us that how dyslexic children handle their day to day issues. She narrated the concept of ADHD with a novel approach. MsJaysree also brought to the audience's attention the problems faced by dyslexic children. The next segment of the event was the presentation of creative videos done by our students from the department of psychology. In the video our students came out with the difficulties faced by them during the lockdown days and further also highlighted on the challenges faced, post lockdown, in an academic setup. This session was further followed by a Panel discussion, where speakers from different Professional backgrounds took part. The Panelists were Ms. S. Vandhana- Clinical Psychologist, followed by Mrs. B. Maithreyi, Teacher- Head of the Department -English, Valliammal Mat Hr Secondary School, followed by Mr. Kiran Kumar Maasi- Cloud Architect -Parent of our student and finally MsSangeethaBehera, student from Psychology Department respectively. In the panel discussion, the deliberations focused on points related to adapting the new normal from an academic perspective where solutions were discussed such as more involvement of teachers and students in the perspective of academics, support from parents for students in their academics. We also discussed the tips for an effective classroom management by the clinical Psychologist Ms. Vandhana. The points highlighted gathered the attention of the students and kept them focused through various activities. Teachers need to permit the students to share their experiences, and the teachers need to be mindful about the classes, sessions and be prepared for it.



SPEAKERSPICTURES



PARTICIPANTSPICTURES





EVENTOUTCOME

The execution of PANEL DISCUSSION was smooth and the session was much absorbing and motivated all in the department leading to execute strategies to adapt to the new normal - post covid from an academic perspective. Theevent had a positive impact on the students and the organizers to come up with positive strategies in dealing with the new normal. Around200participantsconnectedinMGRZOOM and participated in QnA Sessions actively.



EVENTORGANISERSLIST

Dr L. Ramesh (Dean EPA), MrJanakiraman (MAGIC), MrPrasana(MAA), MsP.G.Nagalakshimi(MAGIC Coordinator Denovo& HMCT), Mr M Prabu(Dean HMCT – Denovo Courses), Prof. R. Manoj (H.O.D Dept of Psychology) and all the Association Conveners.



DAY:20	DATE:03/07/2021	SESSION:AN			
EVENTTITLE: Strategic Health Preparedness for Future Uncertainties					
ORGANISER:	Faculty of Hotel Management	: &DE-Nova Courses			

ADAPTING TO NEW NORMAL



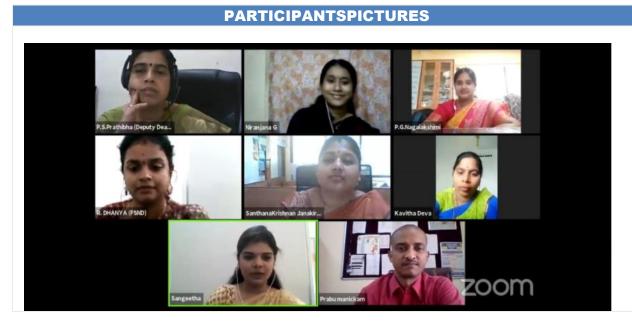
EVENTSUMMARY

The event began with Dr. Chandrika V. Unni, Head, French Department giving the opening remarks on the Grand event of MGR COVID – 19 COWINWEWIN and giving a glimpse of topics to be dealt by our esteemed speakers for the day. She concluded by introducing Ms. Niranjana, Assistant Professor, Department of French as the Master of Ceremony for the day. Prof. Pratibha P. S. Deputy Dean, Faculty of Hotel Management, Culinary Arts and De-novo courses rendered the welcome address, Madam then thanked the gracious presence of our honourable Vice Chancellor Dr. Geethalakshmi and our speakers and welcomed them to the event. Dr. Manoj Head, Department of Psychology introduced our respected Vice Chancellor. Honourable Vice Chancellor welcomed the guest speakers and rendered the opening remarks. Prof. A.V. Sekhar, Senior HOD, HMCT, introduced the Speaker - Dr. Nandini K. Kumar, the first Speaker on the day in the Afternoon session. Dr. Nandinikumar (Vice President Forum of Ethics Review Committees) - spoke about Ethics related to Covid 19 Pandemic. She spoke about the effect of Covid being - Psychological traumas, lack of humane communication, lack of financial resources, neglect of patients with other disease like HIV, various other ailments, dignified death and disposal of body. She spoke about the variants of Virus and the various Vaccination platforms, the infodemic related to vaccination, Vaccine passport and politics involved. She drove the audience to have deeper insights on Covid-19. The next Speaker, Dr. Padma Srikanth (Professor Dept of Microbiology Sri Ramachandra Institute of Higher Education and Research) - "Getting ahead of Covid - multipronged approach". A strong take away message that she made was that the vaccination did not prevent the infection but would only reduce the severity, emergency situation of the infection and reduce chances of mortality. Very interesting and appealing presentation where she included statistics, light humour, and even video aids to teach important safety lessons. Dr. PushkalaPadmanabh (Assistant Manager, Medical Affairs, DanoneNutrica, Mumbai) - "Nutrition Healthy Lifestyle in strengthening immune system". She had spoken about the word Immunity being the buzzword since 2020. She had bust many myths around the topic of building immunity. Choosing a balanced diet and immune-nutrients is a consistent step to be taken now and in future. Dr. Meenakshi Bajaj spoke next on "Nutrition and Covid". Beginning her segment by showing agreement with Dr. Pushkala, she emphasisedthat there is no supra physiological or supra food to build immunity. She illustrated how gut health is responsible for 80% of our immunity She appreciated the Chefs' community to create new dishes that infused the food



with essential spices that build our immunity. Her relatable demeanourand her usage of vernacular phrases made the presentation very engaging.Dr. MadhuKartheesh – "Siddha vs. Viruses". As part of his presentation he addressed the debate about Kabasurakudineer, FAQs during Pandemic related to steaming, excessive inclusion of pepper, turmeric, hot water and how to increase immunity. He insisted that Sleep and mental health are very essential for holistic wellbeing and improving immunity. Life in moderation in terms of sleep, eating habits, and exercise, better mental is the key to a happy life, and improved immunity. Ms. Nagalakshmi P.G. Assistant Professor, Department of Public Administration proposed the formal Vote of Thanks.







Dr L. Ramesh (Dean EPA), Mr. Janakiraman (MAGIC), Mr. Prasana(MAA), Ms.P.G.Nagalakshimi(MAGIC Coordinator Denovo& HMCT), Mr. M Prabu(Dean HMCT – Denovo Courses), Prof. R. Manoj (H.O.D Dept of Psychology) and all the Association Conveners.





DAY: 21	DATE: 04/07/2021	SESSION: FN			
EVENT TITLE: Panel Discussion on "Application of Pranic Healing and Emotional Intelligence in Battling Covid"					
ORGANISER:	Department of English.	Humanities and Science,			

Adayalampattu Phase II Campus

EVENT SUMMARY

Respected Sir/Madam,

Warm Greetings!!

The Faculty of Humanities and Science ,Adayalampattu Phase II Campus through the Magic Association organized a Panel Discussion on "Application of Pranic Healing and Emotional Intelligence in Battling Covid" on Day 21 (04.07.2021) of the MGR COVID19 COWINWEWIN (21Days-33Depts-41Events to Win Covid) Event. The entire event was moderated by Prof. Dr. P. Harshini, Department of English, Adayalampattu Phase II Campus .

The session started with a warm welcome address given by Ms. R.Akshaya, Assistant Professor, Department of English followed by a wonderful felicitation address given by Dr. A. R.Arunachalam, Deputy Dean(Academics), Phase II Campus. Dr. P. Harshini introduced the eminent speakers of the sessions. The resource persons called were Mr. Ramaprasad (NLP Practitioner & Trainer, Founder RP Centre for Excellence &Ramanjali Kendra for Pranic Healing), Ms. Nagalatha (Associated Certified Pranic Healer & Basic Pranic Healing Instructor), Dr. Prithviraj. P (Assistant Professor, Department of Surgical Oncology, Sri Ramachandra Medical College, Trustee-MCKS Yoga VidyaPranic Healing Foundation Trust, Tamil Nadu) and Ms. Savitha. R(MCKS Yoga VidyaPranic Healing Foundation Trust, Tamilnadu).

The first session started with Mr. Ramaprasad. His topic was on "Emotional Intelligence: A practical tool to overcome Covid Stress." He beautifully demonstrated on Emotional Intelligence and the ways to overcome COVID stress. He also shared a few techniques to be followed to



remain emotionally intelligent. The second session was taken over by Ms. Nagalatha who presented on the topic "Introduction to Pranic Healing". She beautifully explained how Pranic Healing was introduced and the numerous benefits it has on mankind. The third session started with Dr. Prithviraj who gave a wonderful talk on "An integrated Holistic Approach for Covid and Other Diseases". His session was quite enlightening and useful. He explained on the ways to practice pranic healing in order to get rid of numerous diseases including Covid. The fourth session was by Ms. Savitha who presented on the topic "BlessingCovid Patients Through the Meditation on Twin Hearts". She beautifully demonstrated on the Chakras in the human body and the meditation of Twin Hearts. At the close of her session, she thanked all eminent dignitaries of the University for the wonderful opportunity provided to them.

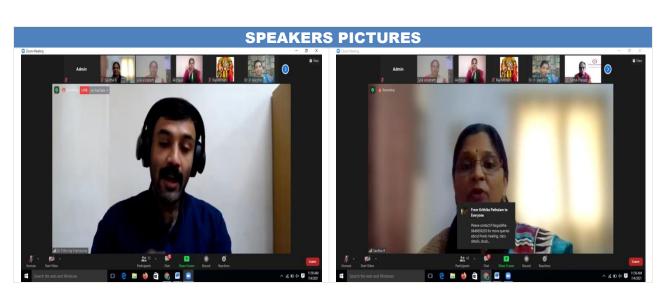
Towards the end of the presentations by four eminent speakers, a panel discussion session was held and a few questions from the organizing team and the participants were raised to the resource persons. They answered them diligently with their wide knowledge and experience. Finally, vote of thanks was given by Mrs. A. Julie Elizabeth, Head in Charge of the Department of English. She appreciated and expressed her gratitude sincerely to everyone who supported and guided in the success of the entire event.

The Department of English, Faculty of Humanities and Science is much beholden to Honourable President Er. A.C. S. Arunkumar for his valuable consent and support to organise this event on a grand scale. Special thanks to Dean EPA Dr. L. Ramesh, Joint Registrar Dr. S. Ramalingam, Dean Dr. S. Manivannan, Deputy Dean Academics Dr.A.R.Arunachalam and Deputy Dean Administration Dr. K. Senthilkumar for their constant support and encouragement.

On the whole this panel discussion proved to be a grand success. Thanks to enthusiastic participants who registered and the great organising team comprising of Mrs. A. Julie Elizabeth, HoD (i/c)(Asso.Prof), Dr.P.Harshini(Prof), Ms. R. Akshaya(Asst Prof) and Mrs.SJeyamatha(Asst Prof) from the Department of English and Mr. Ganesh Babu, System Admin from the department of computer science who planned things to perfection.

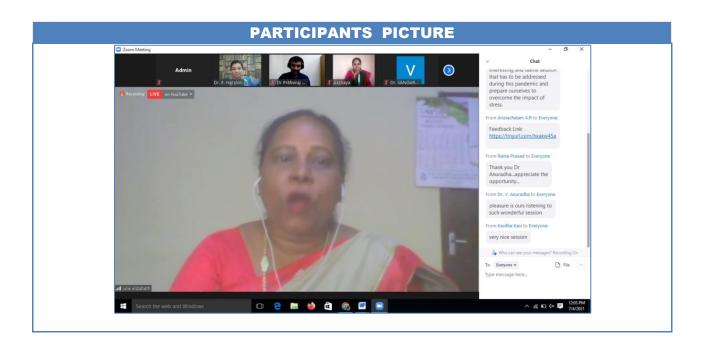








The event garnered positive response among the participants who connected from various corners of the nation and this is evident from the feedback received from them. They learnt in detail on the impact of Emotional Intelligence in day to day life and also how to apply pranic healing in simple ways to overcome fear, frustration and sickness. On the whole the event proved to be a remarkable success with a gamut of fresh experience derived from the resource persons.



EVENT ORGANISERS LIST

Mrs.A.Julie Elizabeth /AssoProf, Prof. Dr.P.Harshini, Ms.R.Akshaya, AP, Mrs.S.Jeyamatha /AP

THANKING MESSAGE

"Teamwork" makes the "Dream work"

"Thankfulness is the beginning of Gratitude - Gratitude is the completion of Thankfulness"

MGR COVID-19 COWINWEWIN, a visionary mission underlined our Institutions's successful history in the realm of imparting societal accountability to its mankind. The greatest paces of opulence and success of this massive mission lies in the strenuous support of our benevolent patron, a legitimate leader Er. Thiru. A.C.S. Arun Kumar, President whose necessary impetus enabled to accomplish this continuous endeavour.

We immensely thank our Vice Chancellor- **Dr.S.Geethalakshmi**, Provost-**Dr. G. Gopalakrishnan**, Rector-**Dr.D. Viswanathan**, Pro VC-**Dr. R. Ravichandran**, and other Executives of our institution for their strengthening support towards the progress of the mission.

We thank our esteemed Speakers of all sessions who evoked the awareness thoughts among people across the country. We thank all our HoD's, Erudite Faculty members, Sagacious Conveners, Revered Office bearers, Studious Students and vivacious non-Teaching staff or their unstinting support in sculpturing this grand event in the history of MGR.

Snegamudan

Dr L. Ramesh FIE

Dean (EPA)

Dr MGR Educational and Research Institute