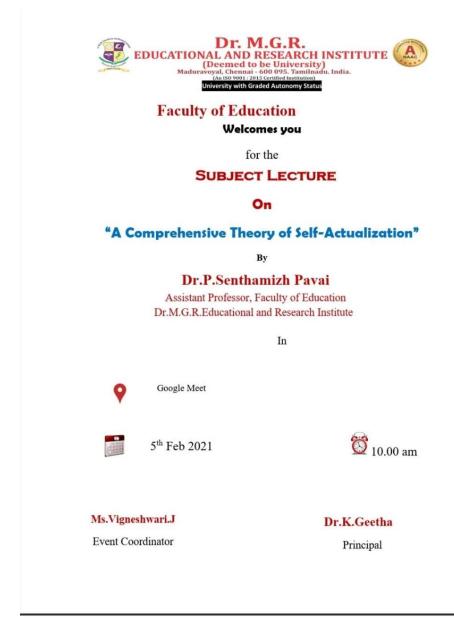
A Comprehensive Theory of Self-Actualization



Self-actualization is the final stage in the linear growth of an individual, which is the highest level or stage in Maslow's model of human motivation: the 'Hierarchy of Needs', so a subject lecture on 'A Comprehensive Theory of Self-Actualization' was handled by Dr.P. Senthamizh Pavai on 05.02.2021 at 10:00 am through Google Meet. The hierarchy of needs, self-actualization represents the highest-order motivations was explained clearly to drive in realizing the true potential and achieve 'ideal self' and in order to achieve this state of personal fulfilment, the person must first satisfy the preceding needs. The students were benefited through the lecture in realising the importance of self-actualization that as individuals have to possess a number of characteristics that enable them to act based solely on our personal drives and the effect of societal pressure.

