

Professional Society Event – 'Citizenship Camp'

Two days (29th and 30th January, 2020)

The first and second year B.Ed students attended 'Citizenship Camp' on 29th January, 2020. Mr.K.S.Suryanarayanan from Saint John Ambulance Service, explained on the principles and practices of First-Aid and also he gave a deep insight about different types of injuries and their managements. Further the session was carried over by Mr. Manavalan, who demonstrated and explained about

- Fractures and their treatments.
- Poison prevention and treatment.
- Handling snake and dog bites.
- Choking, Drowning -methods to handle in such situations.

The session on the whole was very useful and paved way to gain some experiences on first aids.

On 30.01.2020 the morning session was handled by Mr.M.Naresh Kumar from Evergreen Fire Service for Fire and Safety Measures, Chennai who explained about the fire extinguisher and demonstrated how to use it in case of emergency.

During afternoon session, a team led by Dr.S.Varadarajan (M.S.F.I.C.S Director of Essvee Hospital, and Chairman of Little Drops Hygiene for Health Trust) presented a session on Health & Hygiene.

Dr.S.Rajamurali , Paediatrician clearly explained the need of hygiene and how it is related to health, especially at the present scenario. He also instructed the various ways to bring hygiene and the necessity of the hygiene awareness among teachers as they are developing the upcoming citizens.

Later the session was continued by Dr.M.Natrajan, Physician & Diabetologist discussed on the current problems faced by younger generation and the role of teachers to impart the knowledge and to influence them greatly.

Finally it was concluded by Dr.S.Varadarajan by giving a motivational speech with a message.

Thus on the whole citizenship camp enabled to acquire knowledge about the life skills, as well as provided a service oriented mindset to those who need it most.



