



SMOKE FREE POLICY



PURPOSE:

- **Protect Public Health:** The primary goal is to safeguard everyone from the dangerous effects of secondhand smoke, which can cause various illnesses including cardiovascular and respiratory diseases.
- **Reduce Tobacco Use:** By limiting opportunities to smoke in public and commercial settings, smoke-free policies can motivate smokers to reduce or quit tobacco use, leading to higher cessation rates.
- **Prevent Youth Initiation:** These policies can discourage young people from starting to smoke and using e-cigarettes by making tobacco and vaping less visible and accessible.
- **Improve Environmental Quality:** By banning smoking in indoor and some outdoor public places, smoke-free policies help improve air quality in these environments.
- **Encourage Smoking Cessation:** Policies create a strong incentive for smokers to try to quit, and when implemented comprehensively, they can increase the success rates of quit attempts.

Procedure:

The following procedures are to be adopted for fulfilling the above purpose:

- a) The use of smoke and tobacco is to be banned within the boundary of University.
- b) The purchase and sale of smoking and tobacco are banned inside the University campus.
- c) Burning of garbage is to be prohibited inside the University campus.
- c) The use of alcohol is to be banned inside the University campus.



- d) The use of any form of intoxicant is to be prohibited.
- e) Students, teachers, staff, and all other stakeholders of university are to be aware and awakened about the disciplinary action, health, and social ills of drugs.
- f) Code of conduct is provided to students and staff regarding smoking, tobacco and alcohol.
- g) The breach of policy by students and staff is to be considered a serious offense and to be prosecuted under disciplinary action.
- h) Rules and regulations are circulated to the students through student handbook which emphasizes on no smoking and tobacco free campus and hostels
- i) Visible notices are placed all over the campus on smoking free zone and no tobacco zone
- j) Awareness programs are conducted regularly among all the stakeholders on the ill effects of tobacco and drugs



Policy created date	June 2003	Approved Registrar	by:
Revision 1	July 2015		
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SIGNATURE OF THE REGISTRAR